



Olympia LePoint | Rocket Scientist Helps us Unleash Our Brain Power



Listen on

inceptionradionetwork.com

1
00:00:09,770 --> 00:00:06,170
you're tuned in tonight vision radio

2
00:00:12,540 --> 00:00:09,780
exposing the truth one secret at a time

3
00:00:15,030 --> 00:00:12,550
prepare yourself as we explore the

4
00:00:18,779 --> 00:00:15,040
shadow worlds of suppressed history

5
00:00:21,239 --> 00:00:18,789
secret knowledge forbidden religion and

6
00:00:26,320 --> 00:00:21,249
shine a light on the conspiracies to

7
00:01:04,100 --> 00:00:37,440
[Music]

8
00:01:04,110 --> 00:01:10,080
welcome to night vision radio

9
00:01:14,080 --> 00:01:12,400
Happy New Year everybody thanks for

10
00:01:16,780 --> 00:01:14,090
joining us tonight I'm really excited

11
00:01:18,670 --> 00:01:16,790
about tonight's show as you know I'm

12
00:01:21,910 --> 00:01:18,680
your guest I'm your host Renee Barnett

13
00:01:24,610 --> 00:01:21,920

and I have a really special guest on

14

00:01:27,820 --> 00:01:24,620

with me tonight night I really put a lot

15

00:01:30,219 --> 00:01:27,830

of thought into the guests that I wanted

16

00:01:32,800 --> 00:01:30,229

to have is my very first one for this

17

00:01:34,660 --> 00:01:32,810

new year you know I I know a lot of

18

00:01:36,610 --> 00:01:34,670

people have been through a lot over the

19

00:01:39,400 --> 00:01:36,620

past year there's been a lot of

20

00:01:42,300 --> 00:01:39,410

craziness a lot of divisiveness and a

21

00:01:45,690 --> 00:01:42,310

lot of people have had hard times and

22

00:01:48,910 --> 00:01:45,700

you know are we're kind of happy to see

23

00:01:52,300 --> 00:01:48,920

2017 come to an end and are looking

24

00:01:54,100 --> 00:01:52,310

forward to better days in 2018 but you

25

00:01:56,889 --> 00:01:54,110

know I think that when you want better

26

00:01:58,570 --> 00:01:56,899

days you got to do something about it

27

00:02:00,010 --> 00:01:58,580

you got to eat if you want something

28

00:02:03,430 --> 00:02:00,020

different you got to do something

29

00:02:05,980 --> 00:02:03,440

different and so that's why I invited my

30

00:02:08,979 --> 00:02:05,990

guest tonight because she is just the

31

00:02:12,310 --> 00:02:08,989

person to help us out with that

32

00:02:15,910 --> 00:02:12,320

my guest tonight overcame poverty and

33

00:02:19,120 --> 00:02:15,920

gang violence and flunking grades in

34

00:02:22,960 --> 00:02:19,130

school to eventually go on to launch

35

00:02:26,320 --> 00:02:22,970

twenty-eight NASA missions rocket rocket

36

00:02:28,690 --> 00:02:26,330

missions but now she's applying that

37

00:02:33,000 --> 00:02:28,700

math and that science along with some

38

00:02:35,800 --> 00:02:33,010

faith and intuition to help us all

39

00:02:38,530 --> 00:02:35,810

reprogram our lives to reprogram our

40

00:02:40,600 --> 00:02:38,540

brains or rewire our brains and she's

41

00:02:43,960 --> 00:02:40,610

gonna also share with us just how she

42

00:02:47,170 --> 00:02:43,970

applied that in her own personal life in

43

00:02:50,770 --> 00:02:47,180

some very amazing ways my guest tonight

44

00:02:53,380 --> 00:02:50,780

is Olympia Lapointe and I'm talking to

45

00:02:55,990 --> 00:02:53,390

her tonight about her wonderful career

46

00:02:58,780 --> 00:02:56,000

at NASA her early childhood and about

47

00:03:01,270 --> 00:02:58,790

her brand-new book answers Unleashed the

48

00:03:03,550 --> 00:03:01,280

science of unleashing your brain's power

49

00:03:07,690 --> 00:03:03,560

now I could use a little of that

50

00:03:09,370 --> 00:03:07,700

welcome Olympia hey how are you so it's

51
00:03:11,920 --> 00:03:09,380
so great to be on your show Renee thank

52
00:03:14,140 --> 00:03:11,930
you oh well thanks for coming I you know

53
00:03:15,640 --> 00:03:14,150
I I just I didn't realize we were such

54
00:03:18,550 --> 00:03:15,650
close neighbors we could have done this

55
00:03:20,470 --> 00:03:18,560
in person yeah I have guests on you know

56
00:03:21,300 --> 00:03:20,480
from all over the world so sometimes I

57
00:03:23,760 --> 00:03:21,310
have to get my

58
00:03:27,180 --> 00:03:23,770
sup it 3:30 in the morning if they're in

59
00:03:29,280 --> 00:03:27,190
the UK or 4:30 in France and it's so

60
00:03:31,800 --> 00:03:29,290
nice to have someone in my timezone and

61
00:03:34,589 --> 00:03:31,810
I don't feel like I'm imposing quite so

62
00:03:39,030 --> 00:03:34,599
much oh no no it's honor to be on your

63
00:03:41,790 --> 00:03:39,040

show thank you you know I was reading

64

00:03:44,610 --> 00:03:41,800

your book and I he's really impressed

65

00:03:46,949 --> 00:03:44,620

and I'm always much more impressed with

66

00:03:50,040 --> 00:03:46,959

someone who has sort of gone through a

67

00:03:51,509 --> 00:03:50,050

lot of adversity and then you know sort

68

00:03:54,600 --> 00:03:51,519

of been able to pull themselves up by

69

00:03:57,330 --> 00:03:54,610

their own bootstraps and make big big

70

00:03:59,789 --> 00:03:57,340

changes in their lives it's so much more

71

00:04:01,860 --> 00:03:59,799

impressive than someone who is kind of

72

00:04:04,620 --> 00:04:01,870

handed things or maybe born with a

73

00:04:07,440 --> 00:04:04,630

silver spoon in their mouths and I think

74

00:04:10,430 --> 00:04:07,450

it's something to a lot of people today

75

00:04:13,800 --> 00:04:10,440

a lot of people feeling down and out

76

00:04:15,720 --> 00:04:13,810

disenfranchised and we really have to

77

00:04:17,759 --> 00:04:15,730

take those matters into our own hands I

78

00:04:21,539 --> 00:04:17,769

think don't we live in in and that's

79

00:04:24,960 --> 00:04:21,549

what you can help us with yes I totally

80

00:04:27,690 --> 00:04:24,970

agree with you I 2018 as a fresh new

81

00:04:30,409 --> 00:04:27,700

year and in order to walk through and

82

00:04:32,580 --> 00:04:30,419

create a fresh new life we have to

83

00:04:36,180 --> 00:04:32,590

understand where we've come from and

84

00:04:38,100 --> 00:04:36,190

flip around the chaos from our past so

85

00:04:40,200 --> 00:04:38,110

we can actually transform it to where we

86

00:04:42,120 --> 00:04:40,210

need to go and I talked about that in my

87

00:04:44,310 --> 00:04:42,130

new book answers unleash the science of

88

00:04:46,740 --> 00:04:44,320

unleashing your brain's power in which I

89

00:04:48,750 --> 00:04:46,750

talk about my experiences now people

90

00:04:51,360 --> 00:04:48,760

know me as a person who has launched

91

00:04:52,710 --> 00:04:51,370

rockets they've watched the TED talk you

92

00:04:54,420 --> 00:04:52,720

know they know that I had launched

93

00:04:57,029 --> 00:04:54,430

twenty eight missions to space and and

94

00:05:00,420 --> 00:04:57,039

sat in Mission Control and indeed great

95

00:05:03,480 --> 00:05:00,430

things but I have a backstory and most

96

00:05:05,610 --> 00:05:03,490

of us have a backstory things in which

97

00:05:10,409 --> 00:05:05,620

we've gone through very difficult that

98

00:05:12,870 --> 00:05:10,419

has the does had shaped us and it's

99

00:05:15,060 --> 00:05:12,880

either shaped us in a positive way or a

100

00:05:17,190 --> 00:05:15,070

negative way and it's all depending on

101
00:05:18,510 --> 00:05:17,200
our choice how we choose to view the

102
00:05:21,690 --> 00:05:18,520
situation and how we choose to move

103
00:05:24,540 --> 00:05:21,700
forward from whatever happens my life is

104
00:05:28,170 --> 00:05:24,550
no different but I went through a lot of

105
00:05:31,020 --> 00:05:28,180
very difficult things in my life that

106
00:05:34,950 --> 00:05:31,030
would just completely make some people

107
00:05:36,450 --> 00:05:34,960
cringe it but I the great news is that

108
00:05:40,020 --> 00:05:36,460
learned to overcome it and come through

109
00:05:42,120 --> 00:05:40,030
it and this is what I learned in this

110
00:05:45,089 --> 00:05:42,130
process to give you a little bit of

111
00:05:49,290 --> 00:05:45,099
backstory about my own life I grew up in

112
00:05:52,400 --> 00:05:49,300
poverty with a single mother and three

113
00:05:54,600 --> 00:05:52,410

sisters and we didn't have food at all -

114

00:05:56,010 --> 00:05:54,610

we just didn't have food at all growing

115

00:05:57,570 --> 00:05:56,020

up and it was so exciting to go to

116

00:06:00,540 --> 00:05:57,580

school because not only did I have a

117

00:06:05,700 --> 00:06:00,550

chance to learn I had a meal that's how

118

00:06:07,710 --> 00:06:05,710

it was and it was it was it was an

119

00:06:10,140 --> 00:06:07,720

interesting time period it was not the

120

00:06:12,060 --> 00:06:10,150

1980s when I went to high school I'm

121

00:06:13,950 --> 00:06:12,070

dating myself and I'll just I'll just

122

00:06:17,760 --> 00:06:13,960

tell everyone right now I'm 41 I'm

123

00:06:19,830 --> 00:06:17,770

relatively young but I went through that

124

00:06:22,770 --> 00:06:19,840

and the life-changing moment was when I

125

00:06:24,870 --> 00:06:22,780

was when when I went on a field trip I

126

00:06:27,629 --> 00:06:24,880

was going to the Jet Propulsion

127

00:06:30,270 --> 00:06:27,639

Laboratory in this classroom and I saw

128

00:06:32,070 --> 00:06:30,280

engines and Jetson and they were their

129

00:06:34,170 --> 00:06:32,080

mission control room it was at the Jet

130

00:06:35,909 --> 00:06:34,180

Propulsion Laboratory and I told myself

131

00:06:37,969 --> 00:06:35,919

I want to be just like the men launching

132

00:06:41,969 --> 00:06:37,979

rockets but I had no idea of the type of

133

00:06:44,430 --> 00:06:41,979

side face and not only scientific

134

00:06:47,580 --> 00:06:44,440

challenges but emotional challenges in

135

00:06:50,040 --> 00:06:47,590

the in the process of that journey and

136

00:06:53,909 --> 00:06:50,050

to make a long story short in the

137

00:06:56,120 --> 00:06:53,919

process of going towards that goal many

138

00:06:58,320 --> 00:06:56,130

different horrible things happen and

139

00:07:00,209 --> 00:06:58,330

people when they hear about horrible

140

00:07:02,779 --> 00:07:00,219

things this is what we call classic

141

00:07:05,850 --> 00:07:02,789

definitions of post-traumatic stress I

142

00:07:07,589 --> 00:07:05,860

was sexually abused by a family member

143

00:07:10,110 --> 00:07:07,599

when I was very young

144

00:07:11,850 --> 00:07:10,120

trusted by a trusted family member by a

145

00:07:14,879 --> 00:07:11,860

friend of a family I should say that was

146

00:07:16,939 --> 00:07:14,889

like a family member I went through a

147

00:07:19,620 --> 00:07:16,949

gang violence there was some money who I

148

00:07:22,050 --> 00:07:19,630

stopped me and my face imus lost my eye

149

00:07:25,110 --> 00:07:22,060

when I was ten and these things were

150

00:07:27,890 --> 00:07:25,120

very traumatic and then shortly after I

151

00:07:32,339 --> 00:07:27,900

started failing algebra geometry

152

00:07:34,290 --> 00:07:32,349

calculus and chemistry and I was in this

153

00:07:35,850 --> 00:07:34,300

performing art school and I found a way

154

00:07:37,649 --> 00:07:35,860

to channel my emotions through

155

00:07:40,800 --> 00:07:37,659

pretending to be someone else in

156

00:07:44,700 --> 00:07:40,810

performing arts me and there was this

157

00:07:46,649 --> 00:07:44,710

teacher who brought me aside and said

158

00:07:48,350 --> 00:07:46,659

well I told everyone in the class and

159

00:07:50,089 --> 00:07:48,360

anyone who wants to under

160

00:07:52,309 --> 00:07:50,099

mathematics they're welcome to come

161

00:07:55,999 --> 00:07:52,319

during the winter break and understand

162

00:07:57,379 --> 00:07:56,009

it so they would do what and so I didn't

163

00:08:00,230 --> 00:07:57,389

have any money to go but I looked at

164

00:08:02,689 --> 00:08:00,240

that opportunity and the gas station

165

00:08:05,119 --> 00:08:02,699

attendant knew how much I loved going to

166

00:08:08,480 --> 00:08:05,129

school so he literally gave me a dollar

167

00:08:10,339 --> 00:08:08,490

35 so I could catch the bus each way for

168

00:08:14,300 --> 00:08:10,349

two hours just to sit with the man for

169

00:08:16,129 --> 00:08:14,310

one hour and to learn wow that was the

170

00:08:19,429 --> 00:08:16,139

life-changing moment where I realized I

171

00:08:23,119 --> 00:08:19,439

was actually smart no one had ever taken

172

00:08:26,659 --> 00:08:23,129

the time to show me how to learn and

173

00:08:30,050 --> 00:08:26,669

once I did catch on I could understand

174

00:08:32,209 --> 00:08:30,060

it and it took me a while to completely

175

00:08:35,959 --> 00:08:32,219

deeply understand mathematics but that

176

00:08:37,699 --> 00:08:35,969

that reignited my my faith in my own

177

00:08:39,230 --> 00:08:37,709

abilities and allowed me to see that the

178

00:08:42,829 --> 00:08:39,240

only person was stopping me was myself

179

00:08:45,170 --> 00:08:42,839

and it was through fear and I took the

180

00:08:51,500 --> 00:08:45,180

math placement test at the AP calculus

181

00:08:54,500 --> 00:08:51,510

exam I still failed it but I was still

182

00:08:56,840 --> 00:08:54,510

just I I had something inside of me

183

00:08:59,840 --> 00:08:56,850

where failing wasn't as bad as I thought

184

00:09:02,360 --> 00:08:59,850

it was gonna be and I had become proud

185

00:09:04,880 --> 00:09:02,370

of myself and for the first time ever in

186

00:09:07,220 --> 00:09:04,890

my life I realized that I could do

187

00:09:10,819 --> 00:09:07,230

something and if I spent more time at it

188

00:09:15,470 --> 00:09:10,829

I could actually master it so I decided

189

00:09:17,480 --> 00:09:15,480

to major in mathematics and the only

190

00:09:20,110 --> 00:09:17,490

this is how ironic it was the only job

191

00:09:25,220 --> 00:09:20,120

that I could get when I entered school

192

00:09:29,030 --> 00:09:25,230

was a math tutoring job that's how

193

00:09:30,680 --> 00:09:29,040

ironic it was I tutored mathematics and

194

00:09:32,600 --> 00:09:30,690

then the person that hired me it was the

195

00:09:34,880 --> 00:09:32,610

late Jane mrs. Pinkerton she's since

196

00:09:36,710 --> 00:09:34,890

dawn gone to heaven and I thank her so

197

00:09:38,540 --> 00:09:36,720

much and I remember telling her I told

198

00:09:40,100 --> 00:09:38,550

her I don't know half of this math and

199

00:09:41,689 --> 00:09:40,110

she said that's all right sit down with

200

00:09:46,430 --> 00:09:41,699

the people and learn it with them read

201
00:09:48,889 --> 00:09:46,440
the book with them I said are you sure

202
00:09:50,150 --> 00:09:48,899
she says that you'll be fine just follow

203
00:09:55,100 --> 00:09:50,160
the directions and you'll be able to do

204
00:09:57,710 --> 00:09:55,110
it that's what I did and I did that for

205
00:09:58,760 --> 00:09:57,720
five years and I saw thousands of

206
00:10:01,430 --> 00:09:58,770
students through the group tutoring

207
00:10:02,180 --> 00:10:01,440
programs that was there and that landed

208
00:10:04,280 --> 00:10:02,190
me

209
00:10:06,829 --> 00:10:04,290
into becoming one of the top five

210
00:10:10,129 --> 00:10:06,839
students at california state university

211
00:10:13,639 --> 00:10:10,139
northridge of the graduates of 1998 in

212
00:10:16,069 --> 00:10:13,649
which i was oh one of the top five out

213
00:10:20,600 --> 00:10:16,079

of the 6500 graduating class for

214

00:10:22,999 --> 00:10:20,610

academics and it was a life-changing

215

00:10:26,090 --> 00:10:23,009

experience because i had come from

216

00:10:28,910 --> 00:10:26,100

nothing and i realized that through an

217

00:10:31,160 --> 00:10:28,920

education i could change my life and it

218

00:10:35,780 --> 00:10:31,170

it was the formal education at that

219

00:10:37,699 --> 00:10:35,790

point in time later one of my co-workers

220

00:10:40,369 --> 00:10:37,709

had started working for the Boeing

221

00:10:41,780 --> 00:10:40,379

Company oh I should I said co students

222

00:10:43,999 --> 00:10:41,790

at the time has started working for the

223

00:10:46,610 --> 00:10:44,009

Boeing Company and I ended up contacting

224

00:10:48,110 --> 00:10:46,620

them and I started working as kind of

225

00:10:51,079 --> 00:10:48,120

like an accountant like a couple of

226

00:10:55,129 --> 00:10:51,089

months after graduation and I ended up

227

00:10:58,129 --> 00:10:55,139

working with this man hmm

228

00:10:59,509 --> 00:10:58,139

later took me underneath his wing and he

229

00:11:01,819 --> 00:10:59,519

mentored me and I became an official

230

00:11:05,230 --> 00:11:01,829

rocket scientist and it wasn't until

231

00:11:10,240 --> 00:11:05,240

like maybe 10 or 15 years after that

232

00:11:13,460 --> 00:11:10,250

visit well 16 6 when I was 6 years old

233

00:11:15,920 --> 00:11:13,470

when I realized that I was actually

234

00:11:19,929 --> 00:11:15,930

rocket scientist like my vision had

235

00:11:23,809 --> 00:11:19,939

actually manifested itself years later

236

00:11:26,059 --> 00:11:23,819

and I went on to launch 28 missions to

237

00:11:28,900 --> 00:11:26,069

space in a space shuttle main engine

238

00:11:31,370 --> 00:11:28,910

program I authorized engine tests they

239

00:11:33,530 --> 00:11:31,380

could not test the engine without my

240

00:11:35,389 --> 00:11:33,540

signature I kind of laughed when I say

241

00:11:37,160 --> 00:11:35,399

that right now because I think oh my god

242

00:11:38,749 --> 00:11:37,170

my signature was all that but yeah it

243

00:11:41,689 --> 00:11:38,759

was it it was one of the most stressful

244

00:11:43,610 --> 00:11:41,699

jobs but one of the most thrilling jobs

245

00:11:45,350 --> 00:11:43,620

at the same time but there was something

246

00:11:49,129 --> 00:11:45,360

that happened during all this time

247

00:11:50,689 --> 00:11:49,139

experience I rose to the ranks in the

248

00:11:52,549 --> 00:11:50,699

rocket science world and the most

249

00:11:54,499 --> 00:11:52,559

craziest thing happened that you would

250

00:11:56,269 --> 00:11:54,509

never expected my mother the same mother

251

00:11:58,189 --> 00:11:56,279

that raised us and that fought so hard

252

00:12:00,710 --> 00:11:58,199

to make sure that we'd have a decent

253

00:12:02,299 --> 00:12:00,720

education and defence shot at life even

254

00:12:06,949 --> 00:12:02,309

though she didn't have a foundation

255

00:12:08,660 --> 00:12:06,959

herself she was in an accident and when

256

00:12:11,179 --> 00:12:08,670

she was in an accident she was a

257

00:12:14,179 --> 00:12:11,189

pedestrian at the time and a car came on

258

00:12:15,840 --> 00:12:14,189

the curve and it threw the accident she

259

00:12:17,999 --> 00:12:15,850

ended up falling

260

00:12:20,490 --> 00:12:18,009

and through the debris from the accident

261

00:12:23,819 --> 00:12:20,500

it hit her head and she ended up having

262

00:12:25,259 --> 00:12:23,829

to go through brain surgery and it was a

263

00:12:28,470 --> 00:12:25,269

life-or-death situation

264

00:12:31,230 --> 00:12:28,480

and the surgeons didn't know whether or

265

00:12:33,449 --> 00:12:31,240

not she was going to make it and at the

266

00:12:34,920 --> 00:12:33,459

time when they went into surgery they

267

00:12:38,910 --> 00:12:34,930

saw that she had two broken vertebrae

268

00:12:40,889 --> 00:12:38,920

and that was just crushing to me because

269

00:12:45,120 --> 00:12:40,899

it was like it was my mother going

270

00:12:46,559 --> 00:12:45,130

through all of this and I had my church

271

00:12:48,300 --> 00:12:46,569

friends come and we were praying at the

272

00:12:50,939 --> 00:12:48,310

hospital we were literally praying for

273

00:12:52,769 --> 00:12:50,949

my mother praying praying praying and

274

00:12:57,269 --> 00:12:52,779

the most miraculous thing happened she

275

00:12:59,550 --> 00:12:57,279

came through the surgery and there were

276

00:13:03,329 --> 00:12:59,560

no signs of any broken vertebrae the

277

00:13:05,939 --> 00:13:03,339

next day and that's that was that was

278

00:13:07,439 --> 00:13:05,949

literally a miracle and all the doctors

279

00:13:09,809 --> 00:13:07,449

and the surgeons were baffled we were

280

00:13:12,470 --> 00:13:09,819

baffled but that showed me that there

281

00:13:15,930 --> 00:13:12,480

was something happening that I couldn't

282

00:13:19,590 --> 00:13:15,940

understand and it was had to do with

283

00:13:22,139 --> 00:13:19,600

faith and later on in the years to come

284

00:13:24,569 --> 00:13:22,149

when my mother would have to learn how

285

00:13:27,780 --> 00:13:24,579

to walk and talk and eat and sleep and

286

00:13:30,090 --> 00:13:27,790

and do everything again that we take for

287

00:13:32,610 --> 00:13:30,100

granted but in the process of working

288

00:13:35,819 --> 00:13:32,620

with her neuroscientists and the doctors

289

00:13:39,629 --> 00:13:35,829

and the surgeons in the neurologists and

290

00:13:42,480 --> 00:13:39,639

physical therapists I not only had the

291

00:13:44,790 --> 00:13:42,490

opportunity to do the work that I was

292

00:13:46,350 --> 00:13:44,800

doing at work and struggling and making

293

00:13:49,319 --> 00:13:46,360

sure to balance everything to help my

294

00:13:51,150 --> 00:13:49,329

mother and get this work done but I also

295

00:13:54,120 --> 00:13:51,160

had the ability to understand how the

296

00:13:56,340 --> 00:13:54,130

human brain worked and through helping

297

00:13:59,670 --> 00:13:56,350

my mother I started recognizing how the

298

00:14:02,910 --> 00:13:59,680

brains work I look at my own situation

299

00:14:07,350 --> 00:14:02,920

where how did I change the way that I

300

00:14:10,110 --> 00:14:07,360

was looking at my own life to reconnect

301

00:14:13,379 --> 00:14:10,120

parts of my brain even though it's

302

00:14:16,860 --> 00:14:13,389

separated in trauma what was I doing to

303

00:14:20,249 --> 00:14:16,870

actually later find a way to reconnect

304

00:14:22,199 --> 00:14:20,259

these parts and overcome this - to go

305

00:14:24,329 --> 00:14:22,209

into the science and none not only

306

00:14:26,579 --> 00:14:24,339

science rocket science then when I

307

00:14:29,400 --> 00:14:26,589

worked with engineers I've started

308

00:14:32,129 --> 00:14:29,410

recognizing what is it that they're due

309

00:14:34,859 --> 00:14:32,139

when they are looking at situations and

310

00:14:37,919 --> 00:14:34,869

they're building something from nothing

311

00:14:41,369 --> 00:14:37,929

how do people invent things how does it

312

00:14:43,079 --> 00:14:41,379

bring work to do that and then when I

313

00:14:45,719 --> 00:14:43,089

looked at my mother's situation how she

314

00:14:47,399 --> 00:14:45,729

was going through learning to reconnect

315

00:14:49,529 --> 00:14:47,409

her brain and learning to do all the

316

00:14:51,960 --> 00:14:49,539

basic activities that we did before and

317

00:14:54,329 --> 00:14:51,970

we take it for granted what separates

318

00:14:57,839 --> 00:14:54,339

the people that heal versus the people

319

00:15:00,089 --> 00:14:57,849

that don't and this led this research

320

00:15:04,289 --> 00:15:00,099

and this understanding this experience

321

00:15:07,979 --> 00:15:04,299

led me to create and form the

322

00:15:09,449 --> 00:15:07,989

breakthrough and Neurosci I truly feel

323

00:15:12,449 --> 00:15:09,459

this is a breakthrough in neuroscience

324

00:15:17,429 --> 00:15:12,459

and it is my new book answers Unleashed

325

00:15:20,429 --> 00:15:17,439

it shows how the brain literally can

326

00:15:22,889 --> 00:15:20,439

rewire and reconnect itself after it's

327

00:15:24,989 --> 00:15:22,899

gone through trauma after it's gone

328

00:15:27,960 --> 00:15:24,999

through painful experiences painful

329

00:15:30,719 --> 00:15:27,970

memories and there's a way actually for

330

00:15:33,629 --> 00:15:30,729

the brain to heal and I've seen it I've

331

00:15:35,819 --> 00:15:33,639

seen it in my own life I've seen it with

332

00:15:37,949 --> 00:15:35,829

the geniuses that I worked with I've

333

00:15:41,659 --> 00:15:37,959

seen it with my mother and not only that

334

00:15:44,279 --> 00:15:41,669

this is how crazy the whole scenario was

335

00:15:47,039 --> 00:15:44,289

ten years later after my mother's

336

00:15:49,499 --> 00:15:47,049

accident after my mother's brain is

337

00:15:52,859 --> 00:15:49,509

reconnecting and in reforming in a

338

00:15:56,609 --> 00:15:52,869

completely new way my sister my older

339

00:15:58,829 --> 00:15:56,619

sister goes to at the hospital for a

340

00:16:02,879 --> 00:15:58,839

sinus surgery and there's an accident

341

00:16:04,829 --> 00:16:02,889

and she has infection introduced into

342

00:16:07,529 --> 00:16:04,839

our sinus cavity and she has to go

343

00:16:11,939 --> 00:16:07,539

through a brain surgery oh and I and I

344

00:16:14,639 --> 00:16:11,949

think to myself this is no accident for

345

00:16:18,149 --> 00:16:14,649

me to encounter this type of situation

346

00:16:20,579 --> 00:16:18,159

in my in my own life and then see it

347

00:16:22,469 --> 00:16:20,589

happening about in the genius lives how

348

00:16:24,119 --> 00:16:22,479

they use her brain see it happened in my

349

00:16:27,359 --> 00:16:24,129

mother's brain and see it in my sister's

350

00:16:30,599 --> 00:16:27,369

brain it was almost like I would be

351
00:16:33,779 --> 00:16:30,609
doing a disservice to myself in my path

352
00:16:36,529 --> 00:16:33,789
as well as a disservice to humanity if I

353
00:16:40,559 --> 00:16:36,539
didn't write down what it is that I saw

354
00:16:42,779 --> 00:16:40,569
and that led to a couple things

355
00:16:43,199 --> 00:16:42,789
happening my sister now has returned

356
00:16:46,769 --> 00:16:43,209
back to

357
00:16:49,559 --> 00:16:46,779
work and which is a buffing and I

358
00:16:52,049 --> 00:16:49,569
figured out that the same mathematics

359
00:16:55,079 --> 00:16:52,059
that we use to launch rockets into space

360
00:16:57,960 --> 00:16:55,089
is the same mathematics that we use to

361
00:17:02,160 --> 00:16:57,970
reconnect the brain after difficult

362
00:17:03,869 --> 00:17:02,170
situations that was the break there you

363
00:17:05,850 --> 00:17:03,879

know I'm going to try to wrap my head

364

00:17:10,139 --> 00:17:05,860

around that one

365

00:17:14,399 --> 00:17:10,149

it sounds so amazing and did you feel

366

00:17:16,230 --> 00:17:14,409

like that and I know I've seen it

367

00:17:19,279 --> 00:17:16,240

somewhere in your writing that there was

368

00:17:22,769 --> 00:17:19,289

a you know a spiritual or an intuitive

369

00:17:27,090 --> 00:17:22,779

aspect of this and I know that Einstein

370

00:17:29,010 --> 00:17:27,100

was a big one on intuition and you know

371

00:17:31,110 --> 00:17:29,020

and other scientists that I've talked

372

00:17:34,799 --> 00:17:31,120

with have talked about and not always

373

00:17:37,320 --> 00:17:34,809

publicly but have talked about intuition

374

00:17:41,940 --> 00:17:37,330

being very very powerful in their

375

00:17:44,850 --> 00:17:41,950

discoveries so is there that element of

376

00:17:48,960 --> 00:17:44,860

of an intuition or tapping into some

377

00:17:54,330 --> 00:17:48,970

kind of larger energy source or higher

378

00:17:59,130 --> 00:17:54,340

consciousness or yes 100% and I show it

379

00:18:01,440 --> 00:17:59,140

with mathematics and science now let me

380

00:18:03,419 --> 00:18:01,450

if I if you will I'm gonna take our

381

00:18:05,370 --> 00:18:03,429

audience kind of deep I'm gonna take

382

00:18:08,370 --> 00:18:05,380

honest deeds but I'm going to explain

383

00:18:10,500 --> 00:18:08,380

the science in such a way that a

384

00:18:17,419 --> 00:18:10,510

five-year-old could walk away with it

385

00:18:22,680 --> 00:18:20,330

alright now this is groundbreaking

386

00:18:24,330 --> 00:18:22,690

future I'm gonna claim it right now this

387

00:18:26,159 --> 00:18:24,340

is groundbreaking future Nobel

388

00:18:30,810 --> 00:18:26,169

prize-winning mathematics and

389

00:18:32,610 --> 00:18:30,820

information alright I what I learned is

390

00:18:34,889 --> 00:18:32,620

this and this is what I write about in

391

00:18:37,710 --> 00:18:34,899

the tria brain theory of relativity I

392

00:18:40,409 --> 00:18:37,720

first define what the tria brain is the

393

00:18:42,899 --> 00:18:40,419

true brain is the three-sided brain it's

394

00:18:47,010 --> 00:18:42,909

not just the left-sided brain which is

395

00:18:50,700 --> 00:18:47,020

logical mathematical in algebraic type

396

00:18:53,220 --> 00:18:50,710

of problem solving and scientific in

397

00:18:54,899 --> 00:18:53,230

nature and it's not just the right brain

398

00:18:56,010 --> 00:18:54,909

which is very creative and expressive

399

00:18:58,530 --> 00:18:56,020

and if you

400

00:19:01,970 --> 00:18:58,540

doing base but there is another side of

401
00:19:06,120 --> 00:19:01,980
the brain that people have not fully

402
00:19:08,160 --> 00:19:06,130
understood until now and it's the third

403
00:19:13,140 --> 00:19:08,170
side of the brain I call the faith

404
00:19:15,390 --> 00:19:13,150
sector FAI th faith sector this faith

405
00:19:18,510 --> 00:19:15,400
sector is what connects the left side

406
00:19:22,740 --> 00:19:18,520
and the right side together through the

407
00:19:25,890 --> 00:19:22,750
nervous system through all the

408
00:19:30,270 --> 00:19:25,900
connections the muscular and synapses

409
00:19:32,190 --> 00:19:30,280
connections in the entire brain as well

410
00:19:35,280 --> 00:19:32,200
as the nervous system that runs to the

411
00:19:38,430 --> 00:19:35,290
body the brain isn't just in the skull

412
00:19:43,440 --> 00:19:38,440
the brain extends throughout the entire

413
00:19:47,490 --> 00:19:43,450

body just like a tree has roots your

414

00:19:50,400 --> 00:19:47,500

brain has roots but if you take a little

415

00:19:52,740 --> 00:19:50,410

step farther the tree brain theory of

416

00:19:57,720 --> 00:19:52,750

relativity says that the brain extends

417

00:19:59,940 --> 00:19:57,730

the entire body as well as I use

418

00:20:02,670 --> 00:19:59,950

Einstein's theory of relativity to show

419

00:20:07,290 --> 00:20:02,680

that the brain also extends in an energy

420

00:20:10,410 --> 00:20:07,300

field around the body itself so your

421

00:20:13,020 --> 00:20:10,420

brain not only is in your skull your

422

00:20:16,290 --> 00:20:13,030

brain activity is in your entire body

423

00:20:19,470 --> 00:20:16,300

and there is a field around you through

424

00:20:21,390 --> 00:20:19,480

what your brain creates as an energy

425

00:20:25,500 --> 00:20:21,400

field around you that carries your

426

00:20:28,290 --> 00:20:25,510

thoughts this particular function this

427

00:20:31,710 --> 00:20:28,300

third part of the brain connects your

428

00:20:34,140 --> 00:20:31,720

brain together connects your brain to

429

00:20:38,820 --> 00:20:34,150

your body and connects your brain body

430

00:20:40,370 --> 00:20:38,830

and you to your outside world in how it

431

00:20:44,100 --> 00:20:40,380

operates

432

00:20:46,890 --> 00:20:44,110

there's collisions there's collisions in

433

00:20:49,800 --> 00:20:46,900

your brain there's neurons which is like

434

00:20:52,650 --> 00:20:49,810

brain particles and brain cells as well

435

00:20:54,600 --> 00:20:52,660

as dark mass that I later on will define

436

00:20:56,760 --> 00:20:54,610

and share with our audience as I call

437

00:21:00,090 --> 00:20:56,770

brain brink it's like this dark tar like

438

00:21:02,790 --> 00:21:00,100

glue that creates itself in the middle

439

00:21:07,200 --> 00:21:02,800

of trauma and dysfunctional situations

440

00:21:10,200 --> 00:21:07,210

well those blockages create collisions

441

00:21:11,910 --> 00:21:10,210

in your brain two collisions in your

442

00:21:15,510 --> 00:21:11,920

brain are just like the collisions in

443

00:21:18,150 --> 00:21:15,520

space the collisions in space of black

444

00:21:21,930 --> 00:21:18,160

holes create gravitational waves and it

445

00:21:23,640 --> 00:21:21,940

was just found in recently in 2016 and

446

00:21:26,040 --> 00:21:23,650

this is one of I'm Stein's theories that

447

00:21:28,260 --> 00:21:26,050

happened a hundred years ago well those

448

00:21:30,450 --> 00:21:28,270

same type of collisions happen in the

449

00:21:32,760 --> 00:21:30,460

brain and when they happen in the brain

450

00:21:35,430 --> 00:21:32,770

your brain sends out its own

451
00:21:39,000 --> 00:21:35,440
gravitational wave that I call a tree or

452
00:21:43,410 --> 00:21:39,010
brain wave this gravitational wave is

453
00:21:47,670 --> 00:21:43,420
your intuition everyone has it because

454
00:21:50,400 --> 00:21:47,680
everyone's brain has this wave particle

455
00:21:54,630 --> 00:21:50,410
through energy that is created through

456
00:21:56,670 --> 00:21:54,640
its natural function every single one of

457
00:21:59,610 --> 00:21:56,680
our Braves send out a wave here is a

458
00:22:01,200 --> 00:21:59,620
perfect example have you ever had

459
00:22:06,630 --> 00:22:01,210
someone call you when you've been

460
00:22:09,090 --> 00:22:06,640
thinking about them that that is classic

461
00:22:13,440 --> 00:22:09,100
sense of intuition your brain is sending

462
00:22:16,650 --> 00:22:13,450
out a wave to people for connection the

463
00:22:18,900 --> 00:22:16,660

brain's ability the natural faith sector

464

00:22:21,950 --> 00:22:18,910

the great the the gift that we've all

465

00:22:25,170 --> 00:22:21,960

been given is the ability for connection

466

00:22:28,980 --> 00:22:25,180

your brain sends out waves to be

467

00:22:31,560 --> 00:22:28,990

connected connected to situations

468

00:22:34,680 --> 00:22:31,570

connected to people connected to science

469

00:22:38,280 --> 00:22:34,690

connected to physical environments it's

470

00:22:40,230 --> 00:22:38,290

to be connected so another type of

471

00:22:43,700 --> 00:22:40,240

application that people have is what I

472

00:22:46,890 --> 00:22:43,710

saw when I worked with the the engineers

473

00:22:49,470 --> 00:22:46,900

for example there was what this one man

474

00:22:52,680 --> 00:22:49,480

that I worked with he saw a two-story

475

00:22:57,210 --> 00:22:52,690

rocket engine presented to him in a

476
00:23:00,450 --> 00:22:57,220
dream and it was so clear to him he had

477
00:23:03,630 --> 00:23:00,460
200 people working putting together the

478
00:23:08,070 --> 00:23:03,640
right material combinations the the

479
00:23:11,640 --> 00:23:08,080
right heat fluxes the vibrations

480
00:23:13,850 --> 00:23:11,650
necessary to to create this this

481
00:23:17,460 --> 00:23:13,860
gigantic rocket and it came from a dream

482
00:23:20,910 --> 00:23:17,470
our brain naturally has intuition in the

483
00:23:23,310 --> 00:23:20,920
form of precognition which is to being

484
00:23:24,170 --> 00:23:23,320
able to see things independent of space

485
00:23:28,800 --> 00:23:24,180
and time

486
00:23:32,040 --> 00:23:28,810
what this man saw is the is a creation

487
00:23:34,410 --> 00:23:32,050
before it existed physically we each

488
00:23:37,260 --> 00:23:34,420

have the ability to be able to see

489

00:23:39,750 --> 00:23:37,270

things before before they are formed and

490

00:23:41,940 --> 00:23:39,760

our job is to bring it into an existence

491

00:23:44,940 --> 00:23:41,950

that's the classic definition of

492

00:23:47,580 --> 00:23:44,950

innovation every single person's brain

493

00:23:51,690 --> 00:23:47,590

has the ability to invent things that's

494

00:23:53,760 --> 00:23:51,700

what this is also people have intuition

495

00:23:55,500 --> 00:23:53,770

in the form of empathy you know how you

496

00:23:58,050 --> 00:23:55,510

can look at someone's face and know what

497

00:24:01,110 --> 00:23:58,060

they're going through or feeling yes it

498

00:24:05,790 --> 00:24:01,120

is because our brains naturally pick up

499

00:24:07,920 --> 00:24:05,800

a wave that comes from people's nervous

500

00:24:10,890 --> 00:24:07,930

system and people are able to feel

501
00:24:13,530 --> 00:24:10,900
emotions like for example if you have

502
00:24:16,770 --> 00:24:13,540
ever seen a world renowned athlete fall

503
00:24:20,130 --> 00:24:16,780
down just inches before the goal line a

504
00:24:22,500 --> 00:24:20,140
track star let's say and they get up and

505
00:24:24,900 --> 00:24:22,510
they have agony and they have pain but

506
00:24:27,870 --> 00:24:24,910
they're limping towards the final the

507
00:24:30,300 --> 00:24:27,880
line and the entire world is watching in

508
00:24:34,470 --> 00:24:30,310
their weeping it is because at that very

509
00:24:38,160 --> 00:24:34,480
moment they are watching the the brain

510
00:24:40,650 --> 00:24:38,170
energy of triumph exhumed from someone

511
00:24:42,090 --> 00:24:40,660
that is so strong and so magnificent

512
00:24:44,990 --> 00:24:42,100
that is carrying them through that a

513
00:24:47,850 --> 00:24:45,000

finish line that it literally becomes

514

00:24:53,850 --> 00:24:47,860

infectious to everyone that watches that

515

00:24:56,040 --> 00:24:53,860

energy it is the same type of process

516

00:24:57,990 --> 00:24:56,050

that stars have the individuals that

517

00:24:59,760 --> 00:24:58,000

celebrities when they get on stage they

518

00:25:02,550 --> 00:24:59,770

are able to use their energy through

519

00:25:04,770 --> 00:25:02,560

their movement or their thoughts to be

520

00:25:07,710 --> 00:25:04,780

able to change the environment of the

521

00:25:10,560 --> 00:25:07,720

audience to make them laugh to to allow

522

00:25:13,890 --> 00:25:10,570

them to see things Olympic athletes are

523

00:25:17,580 --> 00:25:13,900

the same way they see themselves winning

524

00:25:19,800 --> 00:25:17,590

before they actually get the gold it is

525

00:25:21,240 --> 00:25:19,810

the natural ability of the brain that we

526

00:25:23,430 --> 00:25:21,250

each have and in my book answers

527

00:25:26,130 --> 00:25:23,440

unleashed I believe it's chapter 7 I

528

00:25:29,250 --> 00:25:26,140

break down how to look at your dreams

529

00:25:31,980 --> 00:25:29,260

and how to use the particular intuition

530

00:25:34,350 --> 00:25:31,990

that you use the most so you can

531

00:25:36,860 --> 00:25:34,360

actually change your life and change the

532

00:25:40,010 --> 00:25:36,870

lives of people around you by on

533

00:25:44,780 --> 00:25:40,020

standing that your intuition is the

534

00:25:47,480 --> 00:25:44,790

ability to see a big picture or see the

535

00:25:52,400 --> 00:25:47,490

end result before any evidence of it is

536

00:25:55,580 --> 00:25:52,410

verified or not well that that's just

537

00:25:58,520 --> 00:25:55,590

amazing you know and I want to get more

538

00:26:01,580 --> 00:25:58,530

into you know the practical application

539

00:26:04,010 --> 00:26:01,590

of these ideas and you know for our

540

00:26:06,590 --> 00:26:04,020

lives you know no matter what the

541

00:26:08,510 --> 00:26:06,600

situation is whether it's pain you know

542

00:26:12,320 --> 00:26:08,520

physical pain whether it's emotional

543

00:26:14,419 --> 00:26:12,330

pain and you know get more into that and

544

00:26:17,299 --> 00:26:14,429

also you mentioned the dream that the

545

00:26:19,310 --> 00:26:17,309

gentleman had of the two story rocket he

546

00:26:23,210 --> 00:26:19,320

dreamed it in detail but I know that

547

00:26:26,360 --> 00:26:23,220

there was a dream that you had that was

548

00:26:29,660 --> 00:26:26,370

very key in you coming up with these

549

00:26:31,430 --> 00:26:29,670

ideas and how to apply them and when we

550

00:26:33,530 --> 00:26:31,440

come back from the break if you would

551
00:26:34,669 --> 00:26:33,540
please would you share that dream you

552
00:26:36,860 --> 00:26:34,679
know what I'm talking about right

553
00:26:40,700 --> 00:26:36,870
oh it's the dream and the introduction a

554
00:26:47,750 --> 00:26:40,710
dream about that where Jesus came oh

555
00:26:50,419 --> 00:26:47,760
yeah yeah yeah so we're gonna take a

556
00:26:53,870 --> 00:26:50,429
quick break and when we come back more

557
00:26:58,190 --> 00:26:53,880
with Olympia Lapointe I'm dying I call

558
00:27:08,799 --> 00:26:58,200
on the plaza I'm such a Francophile I've

559
00:27:15,130 --> 00:27:11,240
in just a moment

560
00:27:18,920 --> 00:27:17,240
welcome back to night vision I'm your

561
00:27:20,450 --> 00:27:18,930
host Renee Barnett if you're just

562
00:27:23,270 --> 00:27:20,460
joining us we've been talking with

563
00:27:26,620 --> 00:27:23,280

rocket scientist Olympia Lapointe and

564

00:27:29,450 --> 00:27:26,630

she's been sharing with us not only some

565

00:27:32,180 --> 00:27:29,460

bits about her early childhood which

566

00:27:36,410 --> 00:27:32,190

were pretty harrowing she had a pretty

567

00:27:39,200 --> 00:27:36,420

rough upbringing and the mean streets of

568

00:27:41,270 --> 00:27:39,210

South Central LA where she actually

569

00:27:42,830 --> 00:27:41,280

ended up getting stabbed and almost lost

570

00:27:44,840 --> 00:27:42,840

her eye

571

00:27:48,440 --> 00:27:44,850

then she went through a horrible

572

00:27:51,140 --> 00:27:48,450

accident with her mom who had a terrible

573

00:27:51,980 --> 00:27:51,150

brain injury but managed to come back

574

00:27:55,310 --> 00:27:51,990

from it

575

00:27:57,860 --> 00:27:55,320

with help from Olympia and her scientist

576

00:28:00,260 --> 00:27:57,870

friends who figured out how to rewire

577

00:28:01,940 --> 00:28:00,270

the brain and also she got a chance to

578

00:28:04,490 --> 00:28:01,950

apply that again ten years later with

579

00:28:06,890 --> 00:28:04,500

her sister who through an accident

580

00:28:10,070 --> 00:28:06,900

during a surgery had a brain injury

581

00:28:12,590 --> 00:28:10,080

herself so nope that was no accident I'm

582

00:28:14,480 --> 00:28:12,600

sure that was put right there in front

583

00:28:16,100 --> 00:28:14,490

of you for you to see and for you to

584

00:28:19,490 --> 00:28:16,110

pick up on and thank goodness that you

585

00:28:22,490 --> 00:28:19,500

did but before the break you had

586

00:28:25,670 --> 00:28:22,500

mentioned this dream that this man had

587

00:28:29,120 --> 00:28:25,680

had about this rocket this two-story

588

00:28:32,180 --> 00:28:29,130

rocket and he dreamed it in detail on

589

00:28:33,920 --> 00:28:32,190

how to do it but in your book you talked

590

00:28:36,920 --> 00:28:33,930

about a particular dream that you had

591

00:28:43,240 --> 00:28:36,930

where you got information on how to

592

00:28:46,520 --> 00:28:43,250

apply science and faith I'm assuming to

593

00:28:50,150 --> 00:28:46,530

rework the brain was that with when your

594

00:28:52,370 --> 00:28:50,160

mother was still huh it was actually

595

00:28:56,630 --> 00:28:52,380

thank you for asking that question I had

596

00:29:01,090 --> 00:28:56,640

a very detailed dream I I was teaching

597

00:29:03,710 --> 00:29:01,100

mathematics and it was my mother was in

598

00:29:07,940 --> 00:29:03,720

recovery she had stabilized within her

599

00:29:10,430 --> 00:29:07,950

recovery and there was write it maybe a

600

00:29:13,640 --> 00:29:10,440

year and a half two years before my

601
00:29:16,190 --> 00:29:13,650
sister's brain surgery and I remember

602
00:29:18,680 --> 00:29:16,200
going to sleep one night asking asking

603
00:29:20,330 --> 00:29:18,690
God I'm a spiritual person and I

604
00:29:20,900 --> 00:29:20,340
remember asking God what what do I do

605
00:29:22,910 --> 00:29:20,910
next

606
00:29:24,290 --> 00:29:22,920
what do i if I'm not gonna go back into

607
00:29:26,750 --> 00:29:24,300
rocket science and I'm teaching

608
00:29:28,050 --> 00:29:26,760
mathematics I mean how do you want me to

609
00:29:29,970 --> 00:29:28,060
use this

610
00:29:34,590 --> 00:29:29,980
I mean I I don't even know necessarily

611
00:29:36,500 --> 00:29:34,600
what steps to go and I just I asked for

612
00:29:40,020 --> 00:29:36,510
direction maybe it was very sincere

613
00:29:42,660 --> 00:29:40,030

prayer just show me what to do next you

614

00:29:45,060 --> 00:29:42,670

know and then I had this amazing dream

615

00:29:46,860 --> 00:29:45,070

and I truly believe dreams are very

616

00:29:48,960 --> 00:29:46,870

powerful if you remember what your

617

00:29:51,480 --> 00:29:48,970

dreams are write them down they all have

618

00:29:53,820 --> 00:29:51,490

a meaning and each one of the dreams

619

00:29:56,850 --> 00:29:53,830

will direct you and my particular dream

620

00:30:02,310 --> 00:29:56,860

that I had directed me I had this dream

621

00:30:05,100 --> 00:30:02,320

and in short I went to sleep and I had

622

00:30:07,770 --> 00:30:05,110

this dream that I was in this school it

623

00:30:12,210 --> 00:30:07,780

was like this Academy and the one room

624

00:30:15,120 --> 00:30:12,220

that we went to I remember seeing people

625

00:30:17,220 --> 00:30:15,130

play the piano with their eyes and I

626

00:30:20,190 --> 00:30:17,230

thought to myself how is that possible

627

00:30:22,290 --> 00:30:20,200

and then in this dream I started playing

628

00:30:25,580 --> 00:30:22,300

the piano with my eyes and I'm like oh I

629

00:30:28,200 --> 00:30:25,590

got it I got a chance to do that right

630

00:30:30,690 --> 00:30:28,210

the next part of the dream was people

631

00:30:32,550 --> 00:30:30,700

saw a shirt that was orange and they

632

00:30:35,130 --> 00:30:32,560

were then using their thoughts and

633

00:30:37,770 --> 00:30:35,140

changing the colour of it to be black or

634

00:30:40,170 --> 00:30:37,780

changing the color of it to be blue or

635

00:30:43,350 --> 00:30:40,180

changing the color to be pink and they

636

00:30:45,120 --> 00:30:43,360

were practicing on changing the using

637

00:30:47,790 --> 00:30:45,130

their thoughts about changing the the

638

00:30:51,990 --> 00:30:47,800

frequency of the how the light reflected

639

00:30:53,970 --> 00:30:52,000

of the the particles in the shirt and so

640

00:30:56,010 --> 00:30:53,980

I thought how are they doing that so in

641

00:31:00,450 --> 00:30:56,020

the dream I did that and I'm like oh yes

642

00:31:02,490 --> 00:31:00,460

I got it I got it then I went to another

643

00:31:06,090 --> 00:31:02,500

room in another room

644

00:31:08,460 --> 00:31:06,100

they had people who were reading

645

00:31:09,990 --> 00:31:08,470

thoughts and then there were people who

646

00:31:14,220 --> 00:31:10,000

were laying hands on other people

647

00:31:16,290 --> 00:31:14,230

healing them and I had learned how to do

648

00:31:19,950 --> 00:31:16,300

that in the dream and I thought this is

649

00:31:22,140 --> 00:31:19,960

amazing then the next part the next room

650

00:31:25,890 --> 00:31:22,150

I went to I saw my mother in there I'm

651
00:31:27,510 --> 00:31:25,900
like mommy what are you doing here she

652
00:31:30,570 --> 00:31:27,520
said oh this is my room

653
00:31:32,340 --> 00:31:30,580
I'm designed to show people in this room

654
00:31:33,450 --> 00:31:32,350
how to use this gift and I said well

655
00:31:36,440 --> 00:31:33,460
what is the gift that you're showing

656
00:31:38,730 --> 00:31:36,450
people and she said the gift of faith

657
00:31:41,630 --> 00:31:38,740
and so everyone that will come to the

658
00:31:43,880 --> 00:31:41,640
room she showed them how to have faith

659
00:31:46,190 --> 00:31:43,890
in a future even though it didn't exist

660
00:31:49,190 --> 00:31:46,200
physically yet so she was helping people

661
00:31:49,850 --> 00:31:49,200
see see what was to come and to have

662
00:31:53,390 --> 00:31:49,860
faith in that

663
00:31:56,140 --> 00:31:53,400

and I told her who are you gonna come

664

00:31:58,070 --> 00:31:56,150

with me progressive presents get bugs

665

00:32:00,980 --> 00:31:58,080

inspiration to help you do insurance

666

00:32:02,690 --> 00:32:00,990

stuff hey get your head in the game

667

00:32:04,610 --> 00:32:02,700

this ain't no exhibition match this is

668

00:32:06,470 --> 00:32:04,620

for real you've got a house to insure

669

00:32:08,240 --> 00:32:06,480

and there are no excuses because

670

00:32:09,830 --> 00:32:08,250

progressives home quote Explorer makes

671

00:32:11,539 --> 00:32:09,840

it easier than ever to get the coverage

672

00:32:14,240 --> 00:32:11,549

you need here's some music to get you

673

00:32:15,710 --> 00:32:14,250

pumped to come here me here man don't

674

00:32:17,480 --> 00:32:15,720

you contribute a fear that confidence

675

00:32:21,680 --> 00:32:17,490

don't jump in to come did I say stop

676

00:32:22,970 --> 00:32:21,690

saving money no versus cash with the

677

00:32:24,799 --> 00:32:22,980

insurance company affiliates and other

678

00:32:26,840 --> 00:32:24,809

insurers me to the other room she says

679

00:32:29,049 --> 00:32:26,850

no no my job is to stay here in this

680

00:32:33,020 --> 00:32:29,059

room honey you go on to the other places

681

00:32:35,150 --> 00:32:33,030

so it this may sound like a new ounce of

682

00:32:36,530 --> 00:32:35,160

the dream but I said well where do I put

683

00:32:38,060 --> 00:32:36,540

my purse and stuff she goes put it in

684

00:32:45,460 --> 00:32:38,070

his locker over here and keep going

685

00:32:51,770 --> 00:32:50,000

other place and then I finished I went

686

00:32:53,810 --> 00:32:51,780

through all the rooms in this Academy

687

00:32:57,650 --> 00:32:53,820

and I'm like is there anything more than

688

00:32:59,960 --> 00:32:57,660

two and and then I exited in the night

689

00:33:02,480 --> 00:32:59,970

exit in this it was kind of like this

690

00:33:04,159 --> 00:33:02,490

amphitheater and I exited in this

691

00:33:06,169 --> 00:33:04,169

amphitheater and I went to the

692

00:33:07,880 --> 00:33:06,179

amphitheater and I looked around it was

693

00:33:09,140 --> 00:33:07,890

just no one there it was like this Greek

694

00:33:12,140 --> 00:33:09,150

amphitheatre where you know how the

695

00:33:14,419 --> 00:33:12,150

stage goes down and you can see like

696

00:33:17,210 --> 00:33:14,429

rows and rows down and there's just

697

00:33:18,470 --> 00:33:17,220

staged there at the bottom well I looked

698

00:33:20,360 --> 00:33:18,480

and it was come out into this empty

699

00:33:24,260 --> 00:33:20,370

space I got into his amphitheater area

700

00:33:26,030 --> 00:33:24,270

and then I saw this man and this man was

701

00:33:28,940 --> 00:33:26,040

there and he was in the middle of the

702

00:33:30,950 --> 00:33:28,950

theater and he rose up and he hovered

703

00:33:33,860 --> 00:33:30,960

and he came to the front top of the

704

00:33:36,560 --> 00:33:33,870

stairs where I was and he told me

705

00:33:38,090 --> 00:33:36,570

something and he told me he looked at me

706

00:33:40,510 --> 00:33:38,100

and how he looked at me he didn't use

707

00:33:44,090 --> 00:33:40,520

his mouth but he just used his thoughts

708

00:33:47,900 --> 00:33:44,100

and he said you've graduated you now

709

00:33:50,990 --> 00:33:47,910

learned how to use your brain now and

710

00:33:54,230 --> 00:33:51,000

then I started to wake up and I heard

711

00:33:54,860 --> 00:33:54,240

these words so clearly as I was waking

712

00:34:00,230 --> 00:33:54,870

up

713

00:34:08,710 --> 00:34:00,240

job is to show people on earth what

714

00:34:14,000 --> 00:34:12,230

that that dream was just so powerful and

715

00:34:16,640 --> 00:34:14,010

I remember calling up my three good

716

00:34:18,500 --> 00:34:16,650

friends that I talk to you all the time

717

00:34:21,710 --> 00:34:18,510

I'm like dang I had this dream I had

718

00:34:25,070 --> 00:34:21,720

this dreaming and so I I just asked for

719

00:34:27,440 --> 00:34:25,080

them to pray for me and to just keep me

720

00:34:30,050 --> 00:34:27,450

their thoughts to to figure out how on

721

00:34:32,270 --> 00:34:30,060

earth was I going to do this I didn't

722

00:34:34,460 --> 00:34:32,280

have the I didn't know the process or

723

00:34:37,250 --> 00:34:34,470

the the map or the roadmap to do that

724

00:34:39,890 --> 00:34:37,260

but I just knew that I really truly

725

00:34:41,810 --> 00:34:39,900

wanted to honors this ability to just

726

00:34:46,880 --> 00:34:41,820

show them all these really cool things

727

00:34:48,470 --> 00:34:46,890

that I learned in the dream and through

728

00:34:53,300 --> 00:34:48,480

the course of that timeframe that

729

00:34:55,580 --> 00:34:53,310

happened back in 2005 I went under 2000

730

00:34:57,770 --> 00:34:55,590

and 2015 used me in 2015

731

00:35:02,120 --> 00:34:57,780

happened in 2000 that dream happened in

732

00:35:03,770 --> 00:35:02,130

2015 and then a year a brain storm has

733

00:35:07,070 --> 00:35:03,780

started writing a little bit about the

734

00:35:10,750 --> 00:35:07,080

book and then the answers unleashed

735

00:35:14,300 --> 00:35:10,760

talk show that I started a radio show

736

00:35:16,970 --> 00:35:14,310

came about the next year and it was like

737

00:35:19,190 --> 00:35:16,980

Marie is finding the answers with in

738

00:35:23,420 --> 00:35:19,200

front of you using science and faith and

739

00:35:25,100 --> 00:35:23,430

then that a year later kind of like a

740

00:35:27,320 --> 00:35:25,110

year and a half later led to the book

741

00:35:30,620 --> 00:35:27,330

answers Unleashed and it's all been just

742

00:35:32,450 --> 00:35:30,630

a unfolding onion you know how there's

743

00:35:36,320 --> 00:35:32,460

like layers and layers and layers turn

744

00:35:38,060 --> 00:35:36,330

onion it's like it's like one you take

745

00:35:39,740 --> 00:35:38,070

off on peace and there's another deeper

746

00:35:42,110 --> 00:35:39,750

peace and there's another deeper peace

747

00:35:44,090 --> 00:35:42,120

and it's just it's amazing what I

748

00:35:46,040 --> 00:35:44,100

learned about the brain and as I learn

749

00:35:49,510 --> 00:35:46,050

it I share it and it was the most

750

00:35:52,670 --> 00:35:49,520

amazing thing to be able to see that

751
00:35:55,490 --> 00:35:52,680
everything scientific that happens has a

752
00:35:58,190 --> 00:35:55,500
mirror image spiritually so the same

753
00:35:59,750 --> 00:35:58,200
things that happen in spiritual can be

754
00:36:02,720 --> 00:35:59,760
seen in the scientific realm

755
00:36:05,000 --> 00:36:02,730
they're like the two sides of the same

756
00:36:08,450 --> 00:36:05,010
coin but if you really want to go deep

757
00:36:11,150 --> 00:36:08,460
how energy forms and works

758
00:36:14,480 --> 00:36:11,160
and how we translate energy that's in

759
00:36:16,760 --> 00:36:14,490
our brain that's intuition so if you

760
00:36:18,680 --> 00:36:16,770
will think of a three-sided coin if you

761
00:36:21,560 --> 00:36:18,690
will and then you have to really use

762
00:36:23,630 --> 00:36:21,570
your imagination to see this the things

763
00:36:27,470 --> 00:36:23,640

that happen in the spiritual realm has

764

00:36:29,750 --> 00:36:27,480

the same mirror image that happens in

765

00:36:32,930 --> 00:36:29,760

the physical world through science and

766

00:36:36,230 --> 00:36:32,940

science represents a spiritual principle

767

00:36:38,510 --> 00:36:36,240

and it's the physical manifestation of

768

00:36:40,099 --> 00:36:38,520

the spiritual principle now if you

769

00:36:45,500 --> 00:36:40,109

really want to go deep you pair that

770

00:36:47,480 --> 00:36:45,510

with energy the scientific world has

771

00:36:49,880 --> 00:36:47,490

energy related to it and that's what

772

00:36:53,810 --> 00:36:49,890

Einstein was showing and that's what he

773

00:36:55,849 --> 00:36:53,820

was talking about intuition energy when

774

00:36:58,370 --> 00:36:55,859

we create and manipulate and change

775

00:37:01,430 --> 00:36:58,380

energy it's through our thoughts it's

776

00:37:04,760 --> 00:37:01,440

through our brain so we can change

777

00:37:07,310 --> 00:37:04,770

energy we can change rays we can change

778

00:37:09,800 --> 00:37:07,320

temperatures through our thoughts and we

779

00:37:12,530 --> 00:37:09,810

do this all the time in our own body and

780

00:37:15,530 --> 00:37:12,540

people are not even aware of that our

781

00:37:18,740 --> 00:37:15,540

thoughts are geared towards shifting and

782

00:37:20,630 --> 00:37:18,750

changing energies so it can be molded

783

00:37:22,700 --> 00:37:20,640

and shaped into the physical world that

784

00:37:25,940 --> 00:37:22,710

we need to be able to do whatever it is

785

00:37:29,810 --> 00:37:25,950

that we are set out to do so the

786

00:37:33,589 --> 00:37:29,820

spiritual world can be reflected in our

787

00:37:37,250 --> 00:37:33,599

thoughts and our thoughts is what shifts

788

00:37:41,060 --> 00:37:37,260

the energy to create physical things and

789

00:37:43,130 --> 00:37:41,070

science it's all related it's all

790

00:37:47,240 --> 00:37:43,140

connected together through this through

791

00:37:50,810 --> 00:37:47,250

a process and you know it's almost

792

00:37:52,730 --> 00:37:50,820

easier for me to understand how this can

793

00:37:56,570 --> 00:37:52,740

apply to something like a brain injury

794

00:37:59,720 --> 00:37:56,580

or you know because it all has to do

795

00:38:04,000 --> 00:37:59,730

with you know electrical and wiring and

796

00:38:09,079 --> 00:38:04,010

and and all that but what about other

797

00:38:12,440 --> 00:38:09,089

physical maladies you know chronic

798

00:38:14,750 --> 00:38:12,450

disease and things like that is this

799

00:38:18,200 --> 00:38:14,760

applicable to that as well is there a

800

00:38:21,650 --> 00:38:18,210

way to heal your body rewiring your

801
00:38:22,750 --> 00:38:21,660
brain yes yes and I write about that in

802
00:38:25,130 --> 00:38:22,760
my book

803
00:38:27,049 --> 00:38:25,140
when we go through very difficult

804
00:38:29,690 --> 00:38:27,059
situations there's such thing called

805
00:38:31,700 --> 00:38:29,700
brain break that forms in our brain in

806
00:38:34,130 --> 00:38:31,710
brain brink as I defined in the book

807
00:38:36,289 --> 00:38:34,140
it's like this glue like tar like mass

808
00:38:37,940 --> 00:38:36,299
it sticks the brain together like when

809
00:38:40,220 --> 00:38:37,950
we go through very traumatic situations

810
00:38:42,319 --> 00:38:40,230
our brain literally almost separates

811
00:38:45,109 --> 00:38:42,329
itself but in order to keep it from

812
00:38:46,759 --> 00:38:45,119
separating it creates a instantaneously

813
00:38:48,680 --> 00:38:46,769

like this glue that keeps it from

814

00:38:50,120 --> 00:38:48,690

falling apart

815

00:38:52,640 --> 00:38:50,130

this is best way for me to describe it

816

00:38:55,130 --> 00:38:52,650

and it happens that when we have very

817

00:38:56,870 --> 00:38:55,140

stressful situations there's over 1,400

818

00:38:58,819 --> 00:38:56,880

different chemical reactions that happen

819

00:39:01,670 --> 00:38:58,829

in the brain cortisol is released a

820

00:39:04,519 --> 00:39:01,680

drill and increases our blood pressure

821

00:39:07,640 --> 00:39:04,529

goes up and we have higher temperature

822

00:39:09,890 --> 00:39:07,650

we literally cook ourselves in a certain

823

00:39:12,940 --> 00:39:09,900

way when we go through stress literally

824

00:39:16,430 --> 00:39:12,950

I mean that sounds strange and so this

825

00:39:18,920 --> 00:39:16,440

our brain creates a substance when we go

826

00:39:21,380 --> 00:39:18,930

through stress now if we don't relieve

827

00:39:24,200 --> 00:39:21,390

the stress and if we no longer if we

828

00:39:25,730 --> 00:39:24,210

don't find a way to remove the thoughts

829

00:39:27,829 --> 00:39:25,740

that are associated with a very

830

00:39:32,029 --> 00:39:27,839

difficult event the thoughts still are

831

00:39:33,920 --> 00:39:32,039

in our head that keep this energy at

832

00:39:38,660 --> 00:39:33,930

this temperature and at this pressure

833

00:39:40,970 --> 00:39:38,670

and and of this physical state so if we

834

00:39:43,849 --> 00:39:40,980

are continuously stressed my theory in

835

00:39:46,460 --> 00:39:43,859

the theory of relativity is that brain

836

00:39:49,370 --> 00:39:46,470

brink is this dark tar-like mask that

837

00:39:51,980 --> 00:39:49,380

hardens in the brain that keeps the

838

00:39:54,499 --> 00:39:51,990

brain from reshaping itself and since

839

00:39:56,120 --> 00:39:54,509

the brain is not only in the head and it

840

00:39:58,549 --> 00:39:56,130

goes throughout the entire body

841

00:40:01,069 --> 00:39:58,559

this brain brink is dark tar-like mass

842

00:40:05,539 --> 00:40:01,079

that can happen anywhere it can happen

843

00:40:09,410 --> 00:40:05,549

in an organ of the pancreas it can

844

00:40:11,569 --> 00:40:09,420

happen within the colon and and I also

845

00:40:14,120 --> 00:40:11,579

in the book describe what chaos theory

846

00:40:17,059 --> 00:40:14,130

mathematics does is that there's things

847

00:40:19,370 --> 00:40:17,069

in the body that represent certain areas

848

00:40:21,200 --> 00:40:19,380

like for example the colon how it turns

849

00:40:23,299 --> 00:40:21,210

around and indifferent crooks and

850

00:40:25,120 --> 00:40:23,309

crannies is the mirror image of how the

851

00:40:28,579 --> 00:40:25,130

crooks and crannies work in the brain

852

00:40:30,620 --> 00:40:28,589

your hips have a mirror image and it is

853

00:40:33,859 --> 00:40:30,630

your cheekbones but it's like a mirror

854

00:40:35,030 --> 00:40:33,869

image upside down so if you have if

855

00:40:37,940 --> 00:40:35,040

you've been

856

00:40:39,950 --> 00:40:37,950

hidden the face your hips are going to

857

00:40:42,380 --> 00:40:39,960

hurt because there's a mirror imaging

858

00:40:44,240 --> 00:40:42,390

mathematical effect in the body that

859

00:40:46,790 --> 00:40:44,250

represents what's going on so if you

860

00:40:49,190 --> 00:40:46,800

have any type of brain brink the dark

861

00:40:52,610 --> 00:40:49,200

tar-like formation in your brain from a

862

00:40:55,190 --> 00:40:52,620

specific trauma and it's not removed

863

00:40:57,640 --> 00:40:55,200

through several different methods in

864

00:41:00,500 --> 00:40:57,650

which I share in the book through

865

00:41:02,300 --> 00:41:00,510

hypnotherapy through a cognitive

866

00:41:06,260 --> 00:41:02,310

behavioral therapy through a method

867

00:41:07,730 --> 00:41:06,270

called voila method therapy if it's not

868

00:41:10,700 --> 00:41:07,740

removed through one of these if this

869

00:41:12,650 --> 00:41:10,710

dark tar-like mass is not removed in

870

00:41:15,440 --> 00:41:12,660

parts of the brain it will have a mirror

871

00:41:19,870 --> 00:41:15,450

effect in the body somewhere like for

872

00:41:26,020 --> 00:41:19,880

example yeah someone who is having a

873

00:41:29,180 --> 00:41:26,030

very very difficult time digesting food

874

00:41:32,630 --> 00:41:29,190

what it may have a very difficult time

875

00:41:36,140 --> 00:41:32,640

with their sinuses because the esophagus

876

00:41:38,570 --> 00:41:36,150

in the body is similar to the bridge of

877

00:41:40,490 --> 00:41:38,580

the nose that's how it look that's not

878

00:41:42,350 --> 00:41:40,500

these mirror images mathematically that

879

00:41:46,640 --> 00:41:42,360

happen not only in our body but they

880

00:41:48,830 --> 00:41:46,650

also happen in our lives as well so when

881

00:41:52,430 --> 00:41:48,840

we experience sickness and disease it's

882

00:41:55,490 --> 00:41:52,440

because there is a trapped thought that

883

00:42:00,130 --> 00:41:55,500

we are unaware of that is converting

884

00:42:02,720 --> 00:42:00,140

energy to be harmful in that one area

885

00:42:04,700 --> 00:42:02,730

when we aren't able to identify the

886

00:42:09,290 --> 00:42:04,710

thought that is associated with a

887

00:42:12,560 --> 00:42:09,300

stressful situation we then are able to

888

00:42:14,510 --> 00:42:12,570

remove that thought and replace it with

889

00:42:16,940 --> 00:42:14,520

a new one so the energy from the

890

00:42:20,300 --> 00:42:16,950

situation converts properly in our body

891

00:42:25,310 --> 00:42:20,310

so it can unleash healing and innovation

892

00:42:30,440 --> 00:42:25,320

inside of us and through us now I can

893

00:42:33,680 --> 00:42:30,450

understand how that would work obviously

894

00:42:37,930 --> 00:42:33,690

if you've developed illnesses as well as

895

00:42:42,980 --> 00:42:37,940

we do because of emotional trauma and/or

896

00:42:44,720 --> 00:42:42,990

you know some sort of like you said PTSD

897

00:42:47,300 --> 00:42:44,730

post-traumatic stress disorder or

898

00:42:49,670 --> 00:42:47,310

something like that what about is

899

00:42:51,020 --> 00:42:49,680

the same four what about diseases that

900

00:42:53,210 --> 00:42:51,030

you know some people are born with

901
00:42:56,210 --> 00:42:53,220
things or developed a disease as a small

902
00:42:57,980 --> 00:42:56,220
baby and then you know have them

903
00:43:00,770 --> 00:42:57,990
throughout their lives is there

904
00:43:04,640 --> 00:43:00,780
something that can work with that as

905
00:43:07,130 --> 00:43:04,650
well this there's there's a fine line

906
00:43:09,560 --> 00:43:07,140
and that's a great question there's some

907
00:43:11,630 --> 00:43:09,570
things in which we I'm a firm believer

908
00:43:15,260 --> 00:43:11,640
that some things that we are born with

909
00:43:17,150 --> 00:43:15,270
that we are that we look as a very

910
00:43:19,040 --> 00:43:17,160
difficult thing but really it's a

911
00:43:21,050 --> 00:43:19,050
blessing in disguise and no matter what

912
00:43:25,270 --> 00:43:21,060
you always have it because it's going to

913
00:43:28,460 --> 00:43:25,280

serve your purpose for example my

914

00:43:32,470 --> 00:43:28,470

biological father unfortunately is an

915

00:43:36,080 --> 00:43:32,480

alcoholic and he's very addicted to

916

00:43:41,630 --> 00:43:36,090

different alcohols and drugs and of that

917

00:43:45,470 --> 00:43:41,640

sort so I knew growing up that this

918

00:43:48,830 --> 00:43:45,480

addictive gene existed within my DNA so

919

00:43:51,170 --> 00:43:48,840

it's oddly enough I would always I knew

920

00:43:53,960 --> 00:43:51,180

that I never wanted to experience that

921

00:43:57,200 --> 00:43:53,970

and so I always did everything I could

922

00:44:01,000 --> 00:43:57,210

to avoid any type of situation that

923

00:44:04,280 --> 00:44:01,010

would make my brain addicted to anything

924

00:44:06,380 --> 00:44:04,290

it was a blessing and and so I talked

925

00:44:09,350 --> 00:44:06,390

about this in the book sometimes things

926

00:44:11,900 --> 00:44:09,360

that are very difficult and we think oh

927

00:44:14,030 --> 00:44:11,910

it's a it's a horrible thing it's really

928

00:44:15,590 --> 00:44:14,040

a blessing in disguise because if you're

929

00:44:18,170 --> 00:44:15,600

able to take the energy from that

930

00:44:21,020 --> 00:44:18,180

situation you're able to translate it

931

00:44:23,360 --> 00:44:21,030

into a beneficial way by your thoughts

932

00:44:26,210 --> 00:44:23,370

and a perfect example was a person I

933

00:44:28,610 --> 00:44:26,220

named in the book by name of Glenn he

934

00:44:30,800 --> 00:44:28,620

had a very similar situation he grew up

935

00:44:32,870 --> 00:44:30,810

with an alcoholic father but he lived

936

00:44:36,770 --> 00:44:32,880

with his father Ben he had a situation

937

00:44:40,040 --> 00:44:36,780

where his father was abusive so him and

938

00:44:41,960 --> 00:44:40,050

his brother never knew when there was

939

00:44:44,030 --> 00:44:41,970

going to be an outburst from his father

940

00:44:46,190 --> 00:44:44,040

and they always lived on edge but at the

941

00:44:48,590 --> 00:44:46,200

same time he learned to read his father

942

00:44:51,050 --> 00:44:48,600

like there was no tomorrow he learned to

943

00:44:53,540 --> 00:44:51,060

be able to read anytime when his father

944

00:44:55,520 --> 00:44:53,550

was had alcohol in this system versus

945

00:44:58,040 --> 00:44:55,530

when he didn't he learned how to

946

00:45:00,800 --> 00:44:58,050

determine when his father was going to

947

00:45:02,330 --> 00:45:00,810

be logical versus not

948

00:45:05,240 --> 00:45:02,340

and he learned everything from the

949

00:45:07,310 --> 00:45:05,250

mannerisms and and how he moved his arms

950

00:45:10,310 --> 00:45:07,320

to be able to determine what type of

951
00:45:12,820 --> 00:45:10,320
emotion someone was having well he later

952
00:45:15,230 --> 00:45:12,830
on went into the field of sales

953
00:45:18,640 --> 00:45:15,240
Technical Sales computerized system

954
00:45:22,310 --> 00:45:18,650
sales and he became a billionaire

955
00:45:25,580 --> 00:45:22,320
because he would become so great at

956
00:45:27,440 --> 00:45:25,590
reading people's intentions to know what

957
00:45:29,420 --> 00:45:27,450
their hidden thoughts were based on

958
00:45:32,240 --> 00:45:29,430
their movements how their eyes worked

959
00:45:36,650 --> 00:45:32,250
how what they said if they were actually

960
00:45:39,440 --> 00:45:36,660
aware versus just talking he became such

961
00:45:42,980 --> 00:45:39,450
a great person at being able to read

962
00:45:44,930 --> 00:45:42,990
people that he was able to read the

963
00:45:49,060 --> 00:45:44,940

people that were going to give him sales

964

00:45:52,820 --> 00:45:49,070

and he learned to be able to use that

965

00:45:55,700 --> 00:45:52,830

that horrible experience from growing up

966

00:45:57,620 --> 00:45:55,710

to benefit him in the way that was

967

00:46:01,690 --> 00:45:57,630

actually going to help himself and other

968

00:46:05,410 --> 00:46:01,700

people within his career so when we have

969

00:46:09,020 --> 00:46:05,420

difficult situations it's actually a

970

00:46:11,450 --> 00:46:09,030

blessing but you have to change your

971

00:46:13,160 --> 00:46:11,460

view of the situation so you can use the

972

00:46:17,570 --> 00:46:13,170

energy from the situation to your

973

00:46:18,770 --> 00:46:17,580

benefit this is you have this test for

974

00:46:20,420 --> 00:46:18,780

people when they go through various

975

00:46:22,060 --> 00:46:20,430

stressful situations and they don't want

976

00:46:25,240 --> 00:46:22,070

to go through a situation anymore

977

00:46:28,580 --> 00:46:25,250

there's such thing as letting go and

978

00:46:30,800 --> 00:46:28,590

when we make a decision to let go of how

979

00:46:35,390 --> 00:46:30,810

something is going to affect us that's

980

00:46:37,790 --> 00:46:35,400

when we gain our power and for example

981

00:46:40,700 --> 00:46:37,800

if you are dealing with a very difficult

982

00:46:46,640 --> 00:46:40,710

very difficult co-worker and you cannot

983

00:46:49,340 --> 00:46:46,650

stand that person that person whatsoever

984

00:46:52,850 --> 00:46:49,350

there's a way to actually deal with them

985

00:46:55,910 --> 00:46:52,860

and it's actually a mental exercise that

986

00:46:57,860 --> 00:46:55,920

changes the situation okay for example

987

00:46:59,930 --> 00:46:57,870

if you're dealing a very stressful

988

00:47:01,940 --> 00:46:59,940

situation and the person is very

989

00:47:04,220 --> 00:47:01,950

difficult to work with and you cringed

990

00:47:07,670 --> 00:47:04,230

even being in a meeting with that person

991

00:47:10,340 --> 00:47:07,680

oh you can actually shift the energy of

992

00:47:14,270 --> 00:47:10,350

this situation so that person doesn't

993

00:47:16,220 --> 00:47:14,280

create the energy that will that wall

994

00:47:17,810 --> 00:47:16,230

why is your blood pressure or make you

995

00:47:19,220 --> 00:47:17,820

stress and this is what I call the

996

00:47:22,580 --> 00:47:19,230

pleasure principle and this is the

997

00:47:24,350 --> 00:47:22,590

exercise in my book you sit with the

998

00:47:26,000 --> 00:47:24,360

person you before you go into the room

999

00:47:28,130 --> 00:47:26,010

or before you meet with them you decide

1000

00:47:31,100 --> 00:47:28,140

you have you have to set your intention

1001
00:47:34,100 --> 00:47:31,110
before anything you decide I'm going to

1002
00:47:38,650 --> 00:47:34,110
let go of any negative energy and I'm

1003
00:47:42,170 --> 00:47:38,660
going to deflect it by my own awareness

1004
00:47:44,060 --> 00:47:42,180
I'm going to deflect it I'm only going

1005
00:47:46,610 --> 00:47:44,070
to accept the energy that's good you've

1006
00:47:48,590 --> 00:47:46,620
got it you've got to set that intention

1007
00:47:49,880 --> 00:47:48,600
out before you do anything before you

1008
00:47:51,710 --> 00:47:49,890
meet with anyone before you do anything

1009
00:47:54,260 --> 00:47:51,720
else and then you use this pleasure

1010
00:47:57,710 --> 00:47:54,270
principle so whenever you meet with the

1011
00:48:00,680 --> 00:47:57,720
person before you meet with them you

1012
00:48:03,140 --> 00:48:00,690
think of the most pleasurable experience

1013
00:48:07,490 --> 00:48:03,150

you can imagine from when you were the

1014

00:48:12,760 --> 00:48:07,500

smallest child so if it was playing with

1015

00:48:16,670 --> 00:48:12,770

your your grandmother or if it was

1016

00:48:19,240 --> 00:48:16,680

talking with a parent or if it was being

1017

00:48:22,100 --> 00:48:19,250

on the swing outside whatever it was

1018

00:48:24,050 --> 00:48:22,110

you'll remember that feeling and you

1019

00:48:26,570 --> 00:48:24,060

hold on to it and you taste it smell it

1020

00:48:28,310 --> 00:48:26,580

feel it you enjoy it you would you at

1021

00:48:31,610 --> 00:48:28,320

that moment of time of recalling that

1022

00:48:33,950 --> 00:48:31,620

memory is releasing endorphins in your

1023

00:48:36,410 --> 00:48:33,960

brain the pleasure friends in your brain

1024

00:48:39,020 --> 00:48:36,420

so by you were calling that experience

1025

00:48:40,670 --> 00:48:39,030

you're actually commanding a chemical a

1026
00:48:43,880 --> 00:48:40,680
certain chemical reaction in your brain

1027
00:48:45,410 --> 00:48:43,890
to happen naturally so as soon as you go

1028
00:48:50,720 --> 00:48:45,420
into this meeting with this person that

1029
00:48:53,660 --> 00:48:50,730
you can't stand you go into this place

1030
00:48:55,580 --> 00:48:53,670
and you look at the person that you

1031
00:48:58,820 --> 00:48:55,590
can't stand but as you look at the

1032
00:49:00,860 --> 00:48:58,830
person you think of your wonderful time

1033
00:49:04,810 --> 00:49:00,870
that you had when you're a child and you

1034
00:49:07,700 --> 00:49:04,820
overlay it you overlay the two realities

1035
00:49:09,140 --> 00:49:07,710
so you're looking at the person but

1036
00:49:14,120 --> 00:49:09,150
you're really looking at what you

1037
00:49:17,630 --> 00:49:14,130
experienced as a child when you do this

1038
00:49:21,130 --> 00:49:17,640

the energy from that situation no longer

1039

00:49:25,700 --> 00:49:21,140

has an effect on your consciousness

1040

00:49:27,109 --> 00:49:25,710

you've literally then shifted the energy

1041

00:49:33,799 --> 00:49:27,119

from your own

1042

00:49:36,440 --> 00:49:33,809

deflect whatever that person is trying

1043

00:49:41,089 --> 00:49:36,450

to throw at you sort of like an

1044

00:49:43,640 --> 00:49:41,099

invisible shield huh yes yes and it's

1045

00:49:48,279 --> 00:49:43,650

interesting there was this concept was

1046

00:49:51,559 --> 00:49:48,289

actually presented with in Harry Potter

1047

00:49:54,499 --> 00:49:51,569

it was presented in Harry Potter in the

1048

00:49:56,870 --> 00:49:54,509

expected patron of charm and it actually

1049

00:49:59,509 --> 00:49:56,880

this particular process actually can be

1050

00:50:02,029 --> 00:49:59,519

applied to the human brain when you

1051
00:50:04,279 --> 00:50:02,039
envision a pleasurable situation you

1052
00:50:06,589 --> 00:50:04,289
then command your brain to actually

1053
00:50:08,539 --> 00:50:06,599
release the endorphins that you need to

1054
00:50:11,089 --> 00:50:08,549
be able to face whatever situation

1055
00:50:14,120 --> 00:50:11,099
that's in front of you and when you have

1056
00:50:18,680 --> 00:50:14,130
those endorphins the big cannot coexist

1057
00:50:20,960 --> 00:50:18,690
with stress hormone so whatever is going

1058
00:50:24,049 --> 00:50:20,970
to happen in meaning it will literally

1059
00:50:27,289 --> 00:50:24,059
bounce off of you and because you have

1060
00:50:31,220 --> 00:50:27,299
been set your thoughts to exist within a

1061
00:50:34,519 --> 00:50:31,230
certain type of situation you then have

1062
00:50:36,259 --> 00:50:34,529
waves that create from you that affect

1063
00:50:41,690 --> 00:50:36,269

the other person and not the other way

1064

00:50:44,089 --> 00:50:41,700

around well you know I think I think we

1065

00:50:45,819 --> 00:50:44,099

all know people that you know when they

1066

00:50:49,819 --> 00:50:45,829

walk you're talking about endorphins and

1067

00:50:51,950 --> 00:50:49,829

that concept and and when they walk into

1068

00:50:54,079 --> 00:50:51,960

the room and they have this big smile

1069

00:50:55,190 --> 00:50:54,089

and it's just as though the sun is

1070

00:50:57,680 --> 00:50:55,200

shining in the room

1071

00:50:59,690 --> 00:50:57,690

and you feel it and it lightens the room

1072

00:51:02,630 --> 00:50:59,700

and it makes everyone feel good but by

1073

00:51:05,269 --> 00:51:02,640

the same token there are some people

1074

00:51:07,400 --> 00:51:05,279

that when they walk into the room they

1075

00:51:09,410 --> 00:51:07,410

seem to be so negative and they just

1076

00:51:12,529 --> 00:51:09,420

seem to suck out all the air out of the

1077

00:51:15,529 --> 00:51:12,539

room and that seems like that would be a

1078

00:51:16,789 --> 00:51:15,539

really good process to use when you know

1079

00:51:20,420 --> 00:51:16,799

that you're going to have that kind of

1080

00:51:23,809 --> 00:51:20,430

an encounter you know it what you've all

1081

00:51:26,839 --> 00:51:23,819

had coworkers or or even friends you

1082

00:51:30,559 --> 00:51:26,849

know that sort of are you know negative

1083

00:51:31,970 --> 00:51:30,569

Nellie's and it's it's kind of difficult

1084

00:51:34,180 --> 00:51:31,980

to prepare yourself something like oh

1085

00:51:37,190 --> 00:51:34,190

gosh the phone's ringing it's her I

1086

00:51:38,749 --> 00:51:37,200

don't know if I'm ready for that but if

1087

00:51:40,849 --> 00:51:38,759

you can get yourself into that little

1088

00:51:44,269 --> 00:51:40,859

space really quickly

1089

00:51:48,319 --> 00:51:44,279

then I'm gonna try that I don't know it

1090

00:51:51,229 --> 00:51:48,329

works it Axew and the memory that you

1091

00:51:53,720 --> 00:51:51,239

have from the this younger you have are

1092

00:51:55,970 --> 00:51:53,730

that is most powerful because they've

1093

00:51:58,339 --> 00:51:55,980

had the longest time to reside in your

1094

00:52:02,870 --> 00:51:58,349

memory base to create the deepest

1095

00:52:05,420 --> 00:52:02,880

endorphins ah so that's why it's good to

1096

00:52:07,970 --> 00:52:05,430

choose something from childhood yes

1097

00:52:10,460 --> 00:52:07,980

because it has the deepest most profound

1098

00:52:16,789 --> 00:52:10,470

long existing chemical reaction in your

1099

00:52:19,039 --> 00:52:16,799

brain oh wow it really really is we got

1100

00:52:20,359 --> 00:52:19,049

some great questions coming out of the

1101
00:52:21,979 --> 00:52:20,369
chat room I'm gonna throw one at you

1102
00:52:24,200 --> 00:52:21,989
really quickly just before we go to the

1103
00:52:28,450 --> 00:52:24,210
break here because it's going to be an

1104
00:52:31,220 --> 00:52:28,460
easy one let's see who was it Jose

1105
00:52:46,479 --> 00:52:31,230
Livingstone says how did she get the

1106
00:52:55,190 --> 00:52:51,799
I thought I told him Olympia means home

1107
00:52:57,559 --> 00:52:55,200
of the gods oh do you not really yeah

1108
00:53:00,109 --> 00:52:57,569
Olympia was get a name given to the

1109
00:53:03,289 --> 00:53:00,119
human that was like the gods that had

1110
00:53:09,049 --> 00:53:03,299
the ultimate union between mind body and

1111
00:53:13,220 --> 00:53:11,089
that was your birth name you know that

1112
00:53:15,829 --> 00:53:13,230
is that Olympia Lapointe is my birth

1113
00:53:17,989 --> 00:53:15,839

name on my birth certificate yeah your

1114

00:53:28,309 --> 00:53:17,999

mom she's that name she was watching

1115

00:53:30,019 --> 00:53:28,319

Soul Train watching this a group I don't

1116

00:53:31,279 --> 00:53:30,029

even know she told me and I forgot there

1117

00:53:32,660 --> 00:53:31,289

was this group she was watching on Soul

1118

00:53:34,789 --> 00:53:32,670

Train and one of the people's name was

1119

00:53:35,120 --> 00:53:34,799

Olympia and she says oh what a wonderful

1120

00:53:41,450 --> 00:53:35,130

name

1121

00:53:44,779 --> 00:53:41,460

first and then she was gone home she was

1122

00:53:47,180 --> 00:53:44,789

already today me Muriel until it this is

1123

00:53:50,359 --> 00:53:47,190

a 1976 when they had the Muriel cigars

1124

00:53:52,120 --> 00:53:50,369

and the the nurse came into the room and

1125

00:53:54,730 --> 00:53:52,130

she said oh you're gonna name her mirror

1126
00:53:56,590 --> 00:53:54,740
like the cigar Oh my mother went into a

1127
00:53:58,630 --> 00:53:56,600
panic and she quickly got rid of the

1128
00:54:01,510 --> 00:53:58,640
name Muriel and the first name that came

1129
00:54:04,270 --> 00:54:01,520
up in her mind was Olympia and from when

1130
00:54:08,590 --> 00:54:04,280
she saw the silvers that's what her name

1131
00:54:10,750 --> 00:54:08,600
it was silver Ben there's a member named

1132
00:54:14,440 --> 00:54:10,760
Olympia and she saw them on Soul Train

1133
00:54:16,810 --> 00:54:14,450
and that's why I was named after so wild

1134
00:54:19,270 --> 00:54:16,820
I love that that's amazing well thank

1135
00:54:22,030 --> 00:54:19,280
God she did that thank God for that

1136
00:54:26,740 --> 00:54:22,040
I like Olympia so much better than

1137
00:54:29,710 --> 00:54:26,750
Muriel oh thank you it is a beautiful

1138
00:54:31,690 --> 00:54:29,720

name and you know what when we come back

1139

00:54:34,450 --> 00:54:31,700

we're gonna have more with Olympia and

1140

00:54:37,630 --> 00:54:34,460

we're gonna find out more about how to

1141

00:54:43,270 --> 00:54:37,640

apply her theories to our own lives when

1142

00:54:45,040 --> 00:54:43,280

we come back stay with us and we're back

1143

00:54:46,840 --> 00:54:45,050

with night vision radio I'm your host

1144

00:54:47,590 --> 00:54:46,850

Renee Barnett thanks so much for joining

1145

00:54:50,200 --> 00:54:47,600

us tonight

1146

00:54:52,120 --> 00:54:50,210

we've been talking with Olympia Lapointe

1147

00:54:56,020 --> 00:54:52,130

and we've been talking about her new

1148

00:54:58,180 --> 00:54:56,030

book answers Unleashed and her ideas and

1149

00:55:01,510 --> 00:54:58,190

theories about how to rewire the brain

1150

00:55:05,170 --> 00:55:01,520

for success and for lots of other good

1151

00:55:09,910 --> 00:55:05,180

things now we were talking about you

1152

00:55:13,660 --> 00:55:09,920

know illnesses and someone asked the

1153

00:55:16,840 --> 00:55:13,670

question and now did I go past it here

1154

00:55:20,260 --> 00:55:16,850

tall white is the name of this person

1155

00:55:27,460 --> 00:55:20,270

can our brains really help us block out

1156

00:55:32,470 --> 00:55:27,470

physical pain on-demand pain is actually

1157

00:55:33,220 --> 00:55:32,480

a good thing this woman saying yeah pain

1158

00:55:37,870 --> 00:55:33,230

is a good thing

1159

00:55:40,150 --> 00:55:37,880

pain happens when when your body is not

1160

00:55:43,270 --> 00:55:40,160

when you're been having me ignoring

1161

00:55:45,310 --> 00:55:43,280

something and that is the last case

1162

00:55:47,290 --> 00:55:45,320

result when your body is trying to make

1163

00:55:49,030 --> 00:55:47,300

you consciously aware of something in

1164

00:55:52,120 --> 00:55:49,040

which has been hidden that is no longer

1165

00:55:54,330 --> 00:55:52,130

serving you pain is the last resort

1166

00:55:58,180 --> 00:55:54,340

there will be this is the type of

1167

00:56:00,340 --> 00:55:58,190

hierarchy process first you'll feel kind

1168

00:56:04,420 --> 00:56:00,350

of like uncomfortable then you'll feel

1169

00:56:07,990 --> 00:56:04,430

discomfort and then you'll feel anxious

1170

00:56:10,870 --> 00:56:08,000

and then you'll feel pain so it's like a

1171

00:56:12,910 --> 00:56:10,880

process and so when you feel discomfort

1172

00:56:14,920 --> 00:56:12,920

that's like the first sign for like

1173

00:56:18,010 --> 00:56:14,930

what's going on and so when people

1174

00:56:23,260 --> 00:56:18,020

experience pain it's when your body is

1175

00:56:25,540 --> 00:56:23,270

so not aligned with your consciousness

1176
00:56:28,180 --> 00:56:25,550
not aligned with your subconscious that

1177
00:56:33,160 --> 00:56:28,190
it has to trigger something inside of

1178
00:56:38,700 --> 00:56:33,170
you to make a shift that's yes pain is

1179
00:56:43,120 --> 00:56:38,710
actually a good thing and the longer you

1180
00:56:45,130 --> 00:56:43,130
along you do not listen to your your

1181
00:56:47,680 --> 00:56:45,140
intuition your higher self and your your

1182
00:56:48,190 --> 00:56:47,690
ability to know the truth the pain will

1183
00:56:50,710 --> 00:56:48,200
exist

1184
00:56:53,500 --> 00:56:50,720
now there's pains that happen from like

1185
00:56:56,500 --> 00:56:53,510
injury yeah they're like people fall off

1186
00:56:58,210 --> 00:56:56,510
a bike or break something yet or go

1187
00:57:00,700 --> 00:56:58,220
through a surgery yet there's more such

1188
00:57:02,350 --> 00:57:00,710

thing as real pain and people go through

1189

00:57:04,720 --> 00:57:02,360

surgery have scar tissues and everything

1190

00:57:08,740 --> 00:57:04,730

else like that but there's usually some

1191

00:57:11,110 --> 00:57:08,750

sort of thought that's hidden from you

1192

00:57:12,570 --> 00:57:11,120

that's making the pain feel worse than

1193

00:57:17,460 --> 00:57:12,580

it is

1194

00:57:20,920 --> 00:57:17,470

mmm so when you identify what that is

1195

00:57:23,410 --> 00:57:20,930

the pain doesn't have the same physical

1196

00:57:25,960 --> 00:57:23,420

effect on the mind and body and it

1197

00:57:32,620 --> 00:57:25,970

allows that ease for your body to

1198

00:57:34,720 --> 00:57:32,630

actually heal itself Wow so even in

1199

00:57:37,240 --> 00:57:34,730

cases whether it is real pain like

1200

00:57:39,850 --> 00:57:37,250

someone as she said has had surgery or

1201
00:57:42,640 --> 00:57:39,860
maybe someone what about something like

1202
00:57:44,680 --> 00:57:42,650
a condition like arthritis like

1203
00:57:47,980 --> 00:57:44,690
rheumatoid arthritis or something where

1204
00:57:51,760 --> 00:57:47,990
people experience a lot of chronic pain

1205
00:57:53,700 --> 00:57:51,770
is that applicable there to make that

1206
00:57:58,150 --> 00:57:53,710
pain have less of an effect

1207
00:58:00,970 --> 00:57:58,160
well that is do well again I'm not a

1208
00:58:04,080 --> 00:58:00,980
medical doctor so this is best for

1209
00:58:07,510 --> 00:58:04,090
medical doctor but my theory is that

1210
00:58:09,880 --> 00:58:07,520
when we experience inflammation it is it

1211
00:58:12,220 --> 00:58:09,890
would experience arthritis is because

1212
00:58:14,080 --> 00:58:12,230
there is a over flux of inflammation in

1213
00:58:16,900 --> 00:58:14,090

the body that the body is trying to

1214

00:58:18,299 --> 00:58:16,910

fight and get rid of information comes

1215

00:58:22,729 --> 00:58:18,309

in very different forms

1216

00:58:28,709 --> 00:58:24,959

four substances we put into our system

1217

00:58:31,140 --> 00:58:28,719

it comes from even joint misalignment so

1218

00:58:32,729 --> 00:58:31,150

there are certain things like going to

1219

00:58:34,789 --> 00:58:32,739

chiropractors that help going to

1220

00:58:37,039 --> 00:58:34,799

physical therapists where the

1221

00:58:41,279 --> 00:58:37,049

kinesiologists were who are able to

1222

00:58:44,069 --> 00:58:41,289

create the muscle realignment so joints

1223

00:58:46,319 --> 00:58:44,079

actually function in the correct angular

1224

00:58:47,789 --> 00:58:46,329

movement and even there's a something

1225

00:58:50,069 --> 00:58:47,799

that in the book that I call voila

1226

00:58:53,249 --> 00:58:50,079

method it is a combination of cranial

1227

00:58:55,469 --> 00:58:53,259

sacral adjustments for you gently adjust

1228

00:58:58,679 --> 00:58:55,479

the joint muscles in the skull and you

1229

00:59:00,660 --> 00:58:58,689

combine that with muscular movements and

1230

00:59:02,279 --> 00:59:00,670

it makes someone aware of what their

1231

00:59:04,469 --> 00:59:02,289

thoughts are in conjunction with

1232

00:59:06,689 --> 00:59:04,479

different pain and in bodily movements

1233

00:59:10,829 --> 00:59:06,699

in the inability to move in certain

1234

00:59:13,819 --> 00:59:10,839

areas so it's a new form of science and

1235

00:59:16,559 --> 00:59:13,829

in spirituality that has been formed by

1236

00:59:19,380 --> 00:59:16,569

kinesiologist Joel Crandall and so I

1237

00:59:21,539 --> 00:59:19,390

really highly recommend his work also

1238

00:59:24,089 --> 00:59:21,549

when people want to remove inflammation

1239

00:59:25,890 --> 00:59:24,099

he has a training system of people

1240

00:59:28,499 --> 00:59:25,900

across the world that he's been training

1241

00:59:30,479 --> 00:59:28,509

in this new method of kinesiology and it

1242

00:59:32,069 --> 00:59:30,489

is helping people remove the

1243

00:59:34,890 --> 00:59:32,079

inflammation from their body that is

1244

00:59:40,259 --> 00:59:34,900

causing the pain in different areas yeah

1245

00:59:43,199 --> 00:59:40,269

Wow that would be an amazing thing you

1246

00:59:45,870 --> 00:59:43,209

know Adriana in the chat room says hey

1247

00:59:48,959 --> 00:59:45,880

Renee there was a recent study that came

1248

00:59:51,329 --> 00:59:48,969

out this week that claims being negative

1249

00:59:56,249 --> 00:59:51,339

helps us live longer what the heck is

1250

00:59:58,709 --> 00:59:56,259

that all about I can't imagine how that

1251

01:00:00,390 --> 00:59:58,719

could be true I don't know you don't

1252

01:00:02,009 --> 01:00:00,400

tell me they would study that came from

1253

01:00:03,630 --> 01:00:02,019

I would love to find out the link but

1254

01:00:11,640 --> 01:00:03,640

yeah you're probably sapping everybody's

1255

01:00:18,900 --> 01:00:11,650

energy you'll live long but you'll be

1256

01:00:21,120 --> 01:00:18,910

alone you know what that study is shoot

1257

01:00:24,209 --> 01:00:21,130

me a link or something and I'll pass it

1258

01:00:25,859 --> 01:00:24,219

along to Olympia later I would like to

1259

01:00:28,829 --> 01:00:25,869

see what that is all about

1260

01:00:31,910 --> 01:00:28,839

that's just so crazy now I want to get

1261

01:00:36,560 --> 01:00:31,920

if I could just a little bit into

1262

01:00:38,360 --> 01:00:36,570

your work at NASA and you know a lot of

1263

01:00:39,890 --> 01:00:38,370

us saw the movie hidden figures and

1264

01:00:41,420 --> 01:00:39,900

you've been called by People magazine

1265

01:00:44,360 --> 01:00:41,430

and others you know real-life hidden

1266

01:00:47,870 --> 01:00:44,370

figure because of your work there and a

1267

01:00:49,730 --> 01:00:47,880

lot of people you know probably do a lot

1268

01:00:53,980 --> 01:00:49,740

of work at NASA that's kind of unsung

1269

01:00:55,400 --> 01:00:53,990

but what I'm wondering is in this

1270

01:01:02,620 --> 01:00:55,410

climate

1271

01:01:05,360 --> 01:01:02,630

into problems not I'm not necessarily

1272

01:01:11,150 --> 01:01:05,370

trying to ask if you were sexually

1273

01:01:14,290 --> 01:01:11,160

harassed but more discriminated against

1274

01:01:18,380 --> 01:01:14,300

because of being a woman

1275

01:01:20,450 --> 01:01:18,390

have you try with someone trying to hold

1276

01:01:24,110 --> 01:01:20,460

you back or is that something that you

1277

01:01:27,500 --> 01:01:24,120

just don't want to talk about oh I'm

1278

01:01:29,870 --> 01:01:27,510

very real when I worked as a rocket

1279

01:01:32,690 --> 01:01:29,880

scientist I love the science but working

1280

01:01:34,550 --> 01:01:32,700

as a woman young woman of color was one

1281

01:01:36,980 --> 01:01:34,560

of the most hardest jobs I had ever

1282

01:01:39,590 --> 01:01:36,990

encountered that was a double whammy I

1283

01:01:41,900 --> 01:01:39,600

know a woman and a woman of color and

1284

01:01:43,760 --> 01:01:41,910

being young on top of it most of the

1285

01:01:48,740 --> 01:01:43,770

people were 20 years older than I was at

1286

01:01:50,900 --> 01:01:48,750

least and it was so crazy I loved I

1287

01:01:53,300 --> 01:01:50,910

started launching rockets 20 years ago

1288

01:01:55,850 --> 01:01:53,310

that's what the most amazing thing that

1289

01:01:58,850 --> 01:01:55,860

was 20 years ago and this is when I saw

1290

01:02:01,400 --> 01:01:58,860

the movie hidden figures it not much a

1291

01:02:03,290 --> 01:02:01,410

change see 30 years had passed and I was

1292

01:02:05,780 --> 01:02:03,300

doing this work and not much had changed

1293

01:02:07,730 --> 01:02:05,790

it was the most oddest thing because I

1294

01:02:09,620 --> 01:02:07,740

watched a movie I was like oh that's

1295

01:02:12,950 --> 01:02:09,630

like my life and it was very challenging

1296

01:02:15,110 --> 01:02:12,960

you know I'm not going to tell something

1297

01:02:18,230 --> 01:02:15,120

that's not true I it was very

1298

01:02:21,350 --> 01:02:18,240

challenging I love the science but I had

1299

01:02:24,880 --> 01:02:21,360

to I had to work I had to I had to work

1300

01:02:30,730 --> 01:02:27,850

get palms inspiration to help you do

1301
01:02:32,860 --> 01:02:30,740
insurance stuff okay time out you gotta

1302
01:02:34,270 --> 01:02:32,870
let your budget be the boss of you take

1303
01:02:36,100 --> 01:02:34,280
control with progressives name your

1304
01:02:37,660 --> 01:02:36,110
price tool tell us what you want to pay

1305
01:02:39,640 --> 01:02:37,670
for car insurance and we'll help you

1306
01:02:41,680 --> 01:02:39,650
find options that fit your budget here's

1307
01:02:43,480 --> 01:02:41,690
some music to get you pooped get home -

1308
01:02:46,030 --> 01:02:43,490
don't don't--i don't gain gain I hear

1309
01:02:48,130 --> 01:02:46,040
your budget laughing at you oh wait

1310
01:02:50,260 --> 01:02:48,140
that's just those kids laughing at me

1311
01:02:51,400 --> 01:02:50,270
ignore them don't hold a degree so

1312
01:02:52,810 --> 01:02:51,410
fragile the insurance company in

1313
01:02:55,150 --> 01:02:52,820

affiliates pricing cover denies limited

1314

01:02:58,000 --> 01:02:55,160

by state law it was challenging because

1315

01:03:01,030 --> 01:02:58,010

there were many times the first the

1316

01:03:04,450 --> 01:03:01,040

second day I was there this man came up

1317

01:03:06,880 --> 01:03:04,460

and he circled around me like I was a

1318

01:03:08,350 --> 01:03:06,890

museum piece like he had his mouth open

1319

01:03:11,500 --> 01:03:08,360

he had it dropped and he was circled

1320

01:03:13,210 --> 01:03:11,510

around me and I remember looking at him

1321

01:03:17,440 --> 01:03:13,220

thinking do I have like something on my

1322

01:03:19,450 --> 01:03:17,450

shoe or do i what's wrong is what's

1323

01:03:21,670 --> 01:03:19,460

going on and he just circled around me

1324

01:03:24,070 --> 01:03:21,680

he walked off and I didn't know what was

1325

01:03:26,590 --> 01:03:24,080

happening and then these women came over

1326

01:03:28,630 --> 01:03:26,600

to me who they were the executive

1327

01:03:31,240 --> 01:03:28,640

administrators they were the what we

1328

01:03:32,950 --> 01:03:31,250

used to call secretaries there were the

1329

01:03:34,840 --> 01:03:32,960

individuals who work for the executives

1330

01:03:36,280 --> 01:03:34,850

who are women and I didn't even know who

1331

01:03:39,790 --> 01:03:36,290

they were and they pulled me over to a

1332

01:03:41,380 --> 01:03:39,800

side and they said you don't know us but

1333

01:03:43,570 --> 01:03:41,390

we're women who've been working up here

1334

01:03:45,190 --> 01:03:43,580

in a wall a long time and that guy that

1335

01:03:49,270 --> 01:03:45,200

just circled around you he's one of the

1336

01:03:51,690 --> 01:03:49,280

good guys and I'm like oh god I'm like

1337

01:03:55,170 --> 01:03:51,700

what are you talking about who are you

1338

01:03:58,150 --> 01:03:55,180

it's like a Twilight Zone movie right

1339

01:04:00,400 --> 01:03:58,160

what's going on and they said just to

1340

01:04:02,110 --> 01:04:00,410

let you know there's some men not all

1341

01:04:04,240 --> 01:04:02,120

but there's some men that will do

1342

01:04:06,940 --> 01:04:04,250

anything to push your button to get you

1343

01:04:10,240 --> 01:04:06,950

emotional to try and make it prove that

1344

01:04:11,650 --> 01:04:10,250

you don't deserve this job you're one of

1345

01:04:13,810 --> 01:04:11,660

the first women that has been working

1346

01:04:15,610 --> 01:04:13,820

here on this floor for the last 15 years

1347

01:04:18,130 --> 01:04:15,620

and we're just telling you this because

1348

01:04:20,560 --> 01:04:18,140

any time they try and do something you

1349

01:04:23,920 --> 01:04:20,570

have to keep your cool and never let

1350

01:04:27,430 --> 01:04:23,930

them see you cry and I'm like what and

1351

01:04:30,670 --> 01:04:27,440

they said and if you ever get emotional

1352

01:04:32,800 --> 01:04:30,680

pull us into the rest room and talk it

1353

01:04:36,520 --> 01:04:32,810

out with us but whatever you do keep

1354

01:04:38,670 --> 01:04:36,530

your cool because there's 20 different

1355

01:04:42,100 --> 01:04:38,680

men that want your job

1356

01:04:44,890 --> 01:04:42,110

Wow and and I remember thinking myself

1357

01:04:47,980 --> 01:04:44,900

thinking us this can't be true can't be

1358

01:04:51,400 --> 01:04:47,990

true lo and behold but next week in a

1359

01:04:54,250 --> 01:04:51,410

meeting it happens and I think to myself

1360

01:04:56,020 --> 01:04:54,260

oh my god they were accurate and it was

1361

01:04:58,870 --> 01:04:56,030

like that for ten years now it wasn't

1362

01:05:02,290 --> 01:04:58,880

everybody but there were a select

1363

01:05:05,320 --> 01:05:02,300

handful that had that mentality and it

1364

01:05:07,060 --> 01:05:05,330

was a challenge it wasn't only a

1365

01:05:12,880 --> 01:05:07,070

challenge making making sure things

1366

01:05:20,740 --> 01:05:12,890

didn't explode it was a challenge so I

1367

01:05:24,430 --> 01:05:20,750

didn't explode I remain calm and I had

1368

01:05:27,960 --> 01:05:24,440

to learn the process to allow people to

1369

01:05:30,880 --> 01:05:27,970

see the science for what it was

1370

01:05:35,770 --> 01:05:30,890

independent of who it was presenting it

1371

01:05:38,920 --> 01:05:35,780

to them and it worked and I eventually

1372

01:05:41,260 --> 01:05:38,930

rose to the top of the ranks and and

1373

01:05:43,060 --> 01:05:41,270

earned modern-day technology leader

1374

01:05:47,560 --> 01:05:43,070

award of engineer of the year because of

1375

01:05:49,570 --> 01:05:47,570

this work well it was a challenge but I

1376

01:05:51,370 --> 01:05:49,580

looked at it as every single day it was

1377

01:05:54,670 --> 01:05:51,380

a choice to get up and go and it wasn't

1378

01:05:57,850 --> 01:05:54,680

easy but I knew that it was all gonna

1379

01:05:59,920 --> 01:05:57,860

pay off somehow someday and I was there

1380

01:06:02,470 --> 01:05:59,930

doing the science and I just knew that

1381

01:06:03,730 --> 01:06:02,480

somehow someday my life was gonna make a

1382

01:06:06,310 --> 01:06:03,740

difference in this world

1383

01:06:09,810 --> 01:06:06,320

and in that environment and it was just

1384

01:06:13,210 --> 01:06:09,820

to hold on and to keep building and

1385

01:06:18,910 --> 01:06:13,220

after 10 years of working there I rose

1386

01:06:20,760 --> 01:06:18,920

to the ranks of of being in in the in

1387

01:06:28,540 --> 01:06:20,770

the room supporting Mission Control and

1388

01:06:31,480 --> 01:06:28,550

had I I would have never been able to

1389

01:06:33,490 --> 01:06:31,490

rise to that rank and later be able to

1390

01:06:37,840 --> 01:06:33,500

inspire people across the world to

1391

01:06:42,040 --> 01:06:37,850

defeat odds and oh that's amazing

1392

01:06:44,020 --> 01:06:42,050

amazing story whetstone in the jet room

1393

01:06:46,750 --> 01:06:44,030

says I wonder what she thinks about the

1394

01:06:50,140 --> 01:06:46,760

Rockets that North Korea keeps toying

1395

01:06:51,739 --> 01:06:50,150

around with you have any opinion on that

1396

01:06:53,959 --> 01:06:51,749

or

1397

01:06:56,419 --> 01:06:53,969

I did something to state where the fact

1398

01:06:59,149 --> 01:06:56,429

is North Korea is not as technically

1399

01:07:02,239 --> 01:06:59,159

advanced in the aerospace world with

1400

01:07:07,149 --> 01:07:02,249

rockets as Russia is or the United

1401

01:07:10,219 --> 01:07:07,159

States or a couple of other areas

1402

01:07:14,089 --> 01:07:10,229

they're still learning their technology

1403

01:07:16,939 --> 01:07:14,099

and it's the thing this is the part of

1404

01:07:18,739 --> 01:07:16,949

natural testing and I think sometimes

1405

01:07:20,629 --> 01:07:18,749

the media will hype it in a certain

1406

01:07:24,259 --> 01:07:20,639

direction too

1407

01:07:27,009 --> 01:07:24,269

that is not necessarily accurate and it

1408

01:07:30,889 --> 01:07:27,019

depends on who you talk to but testing

1409

01:07:33,439 --> 01:07:30,899

testing different items of it's a part

1410

01:07:38,839 --> 01:07:33,449

of the process where it's tested is a

1411

01:07:41,359 --> 01:07:38,849

whole nother story right but the United

1412

01:07:43,759 --> 01:07:41,369

States and Russia is probably the the

1413

01:07:45,709 --> 01:07:43,769

most superior when it comes to the

1414

01:07:46,189 --> 01:07:45,719

rocket building and launching in the

1415

01:07:50,839 --> 01:07:46,199

world

1416

01:07:53,569 --> 01:07:50,849

sure sure now I cannot let this show end

1417

01:07:55,999 --> 01:07:53,579

because I would get I would never hear

1418

01:07:59,989 --> 01:07:56,009

the end of it from my listeners if I did

1419

01:08:06,889 --> 01:07:59,999

not ask you this question what what do

1420

01:08:10,759 --> 01:08:06,899

you think about UFOs point of rocket

1421

01:08:12,589 --> 01:08:10,769

scientists do you know what I asked I

1422

01:08:17,720 --> 01:08:12,599

have a very very dear close friend who's

1423

01:08:18,890 --> 01:08:17,730

an astronaut and I he he's such a great

1424

01:08:23,720 --> 01:08:18,900

friend and I asked him that same

1425

01:08:27,740 --> 01:08:23,730

question you've been up in space have

1426

01:08:29,419 --> 01:08:27,750

you ever seen anything and there's

1427

01:08:30,890 --> 01:08:29,429

certain things he's classified and he

1428

01:08:33,709 --> 01:08:30,900

can't tell me so that was really

1429

01:08:36,859 --> 01:08:33,719

interesting and let me just share this

1430

01:08:39,379 --> 01:08:36,869

with you a lot of things that we see as

1431

01:08:42,649 --> 01:08:39,389

UFOs are actually being tested and they

1432

01:08:44,899 --> 01:08:42,659

can't be presented to the public because

1433

01:08:47,539 --> 01:08:44,909

of security reasons and so that is quite

1434

01:08:49,339 --> 01:08:47,549

that that happens a lot there's a lot of

1435

01:08:53,299 --> 01:08:49,349

things and we just saw that we saw

1436

01:08:55,069 --> 01:08:53,309

SpaceX just test a missile over Los

1437

01:08:56,660 --> 01:08:55,079

Angeles and it was captured all across

1438

01:08:58,819 --> 01:08:56,670

the world and everyone thought it was

1439

01:09:02,990 --> 01:08:58,829

the UFO at first until SpaceX said that

1440

01:09:06,829 --> 01:09:03,000

was our rocket except for Elon Musk who

1441

01:09:11,640 --> 01:09:10,379

and so what I will share was to use

1442

01:09:13,319 --> 01:09:11,650

something like this and this is this is

1443

01:09:16,529 --> 01:09:13,329

a real-life experience of mine are you

1444

01:09:18,660 --> 01:09:16,539

ready I remember traveling on the 210

1445

01:09:20,339 --> 01:09:18,670

freeway in Los Angeles and I was that

1446

01:09:22,799 --> 01:09:20,349

late at night this is maybe like 15

1447

01:09:25,950 --> 01:09:22,809

years ago and I remember traveling on

1448

01:09:27,209 --> 01:09:25,960

the road and not mind you I do believe

1449

01:09:30,589 --> 01:09:27,219

that a lot of things a lot of

1450

01:09:36,029 --> 01:09:30,599

unidentified flying objects is really

1451

01:09:39,059 --> 01:09:36,039

majority of it is actually Oteri testing

1452

01:09:41,579 --> 01:09:39,069

was very a top-secret type of work I

1453

01:09:43,079 --> 01:09:41,589

really do believe that but there was

1454

01:09:46,289 --> 01:09:43,089

this one time I was traveling on the

1455

01:09:49,259 --> 01:09:46,299

freeway and I looked up and I saw this

1456

01:09:51,419 --> 01:09:49,269

these lights and it was circular and I

1457

01:09:53,339 --> 01:09:51,429

thought at first it was like a you know

1458

01:09:54,509 --> 01:09:53,349

how they have electric grid where they

1459

01:09:55,919 --> 01:09:54,519

have different lights and stuff like

1460

01:09:57,419 --> 01:09:55,929

that night and I thought my eyes are

1461

01:09:59,250 --> 01:09:57,429

tricking I thought to myself there must

1462

01:10:00,810 --> 01:09:59,260

be some electric grid you know and I got

1463

01:10:03,620 --> 01:10:00,820

closer and closer it was to the top of

1464

01:10:07,259 --> 01:10:03,630

this mountain it was like it's a in the

1465

01:10:08,040 --> 01:10:07,269

mud tuna pass of the 210 freeway in Los

1466

01:10:10,560 --> 01:10:08,050

oh yeah

1467

01:10:12,060 --> 01:10:10,570

tuna Canyon yeah the tuna Canyon and I

1468

01:10:13,649 --> 01:10:12,070

was so passing it and I got closer and

1469

01:10:16,080 --> 01:10:13,659

closer and I looked up and I'm like

1470

01:10:18,120 --> 01:10:16,090

that's no grid and I looked up and

1471

01:10:21,000 --> 01:10:18,130

looked up he was the bottom of something

1472

01:10:24,270 --> 01:10:21,010

that was flying I'm never thinking

1473

01:10:29,459 --> 01:10:24,280

myself Wow and the first thing that came

1474

01:10:32,160 --> 01:10:29,469

to mind was almost like UFO movies like

1475

01:10:33,779 --> 01:10:32,170

how like all this time like lapses and

1476

01:10:35,430 --> 01:10:33,789

there's days that go by and they don't

1477

01:10:37,350 --> 01:10:35,440

know where they are I like I started

1478

01:10:42,719 --> 01:10:37,360

thinking about all these like UFO horror

1479

01:10:47,040 --> 01:10:42,729

movies or stuff and so that moment I

1480

01:10:49,529 --> 01:10:47,050

thought to myself well I am NOT gonna

1481

01:10:52,020 --> 01:10:49,539

find out what it is I put my foot on the

1482

01:11:01,350 --> 01:10:52,030

gas and I looked at the time and I said

1483

01:11:04,140 --> 01:11:01,360

time Benenati laughs and I I still to

1484

01:11:06,419 --> 01:11:04,150

this day do not know what that is as as

1485

01:11:09,029 --> 01:11:06,429

a result because I did not know what it

1486

01:11:15,390 --> 01:11:09,039

is it is officially an unidentified

1487

01:11:17,100 --> 01:11:15,400

flying object area especially you know

1488

01:11:18,560 --> 01:11:17,110

if you're out there that's that's a

1489

01:11:23,629 --> 01:11:18,570

pretty sparsely popular

1490

01:11:25,669 --> 01:11:23,639

area buddy over there no much rather be

1491

01:11:29,060 --> 01:11:25,679

you know anywhere in the heart of the

1492

01:11:35,120 --> 01:11:29,070

city than in some remote area and then

1493

01:11:39,109 --> 01:11:35,130

something like that comes upon me really

1494

01:11:42,709 --> 01:11:39,119

big it was huge and I just I just did

1495

01:11:45,470 --> 01:11:42,719

not want to look up I saw enough and I

1496

01:11:53,050 --> 01:11:45,480

said to myself I am a scientist but I'm

1497

01:11:58,339 --> 01:11:53,060

not that curious not right now anyway

1498

01:12:01,760 --> 01:11:58,349

now if I could ask you as a scientist

1499

01:12:04,069 --> 01:12:01,770

and just as a person in thinking about

1500

01:12:06,520 --> 01:12:04,079

you know the universe and you know

1501
01:12:09,080 --> 01:12:06,530
you've you've had a lot more

1502
01:12:14,569 --> 01:12:09,090
acquaintance with outer space than most

1503
01:12:18,020 --> 01:12:14,579
people does it seem to you likely that

1504
01:12:20,089 --> 01:12:18,030
this would be the only place where there

1505
01:12:22,750 --> 01:12:20,099
would be intelligent life in the in the

1506
01:12:24,919 --> 01:12:22,760
vast vast universe that we now know is

1507
01:12:27,319 --> 01:12:24,929
millions and millions and millions of

1508
01:12:31,399 --> 01:12:27,329
planets and millions of planets older

1509
01:12:33,919 --> 01:12:31,409
than then hours and even galaxies much

1510
01:12:36,800 --> 01:12:33,929
much older wouldn't it stand to reason

1511
01:12:38,930 --> 01:12:36,810
that we wouldn't be the only ones it's

1512
01:12:43,490 --> 01:12:38,940
interesting I was brought on KTLA 5

1513
01:12:45,140 --> 01:12:43,500

morning news for the a new space system

1514

01:12:48,649 --> 01:12:45,150

that came out and if any problem wants

1515

01:12:50,990 --> 01:12:48,659

to find it they can go to my web sites

1516

01:12:56,419 --> 01:12:51,000

answers unleash calm or my YouTube site

1517

01:12:58,640 --> 01:12:56,429

at YouTube and you type in Olympia

1518

01:13:01,399 --> 01:12:58,650

Lapointe or all consulting and what it's

1519

01:13:03,530 --> 01:13:01,409

under and there's a episode of me where

1520

01:13:05,180 --> 01:13:03,540

I'm talking about if intelligent life

1521

01:13:06,620 --> 01:13:05,190

can be on different planets and they

1522

01:13:12,800 --> 01:13:06,630

just from this solar system that was

1523

01:13:14,359 --> 01:13:12,810

just found and it was a Trappist one it

1524

01:13:15,859 --> 01:13:14,369

was Trappist one solar system I talk

1525

01:13:18,050 --> 01:13:15,869

about how far it was and what type of

1526

01:13:20,330 --> 01:13:18,060

planets and what type of elements that

1527

01:13:22,010 --> 01:13:20,340

would be needed to to sustain things

1528

01:13:23,930 --> 01:13:22,020

there's a couple elements that's needed

1529

01:13:26,120 --> 01:13:23,940

to sustain intelligent life it need to

1530

01:13:28,040 --> 01:13:26,130

be water and a gaseous environment

1531

01:13:30,170 --> 01:13:28,050

anything that actually will sustain life

1532

01:13:33,110 --> 01:13:30,180

will have an environment where

1533

01:13:35,060 --> 01:13:33,120

there's a type of way for the solar

1534

01:13:38,950 --> 01:13:35,070

system or planets to actually have a

1535

01:13:41,420 --> 01:13:38,960

gaseous system of oxygen nitrogen carbon

1536

01:13:43,820 --> 01:13:41,430

to be able to create different type of

1537

01:13:46,310 --> 01:13:43,830

chemical reactions on the planet so

1538

01:13:49,670 --> 01:13:46,320

there could actually be life and it's

1539

01:13:53,360 --> 01:13:49,680

it's quite fascinating because life is

1540

01:13:56,380 --> 01:13:53,370

defined and for our terms in our

1541

01:14:01,040 --> 01:13:56,390

understanding by those type of

1542

01:14:02,890 --> 01:14:01,050

components in a solar system for for the

1543

01:14:05,660 --> 01:14:02,900

probability of there being just

1544

01:14:09,050 --> 01:14:05,670

intelligent life here on earth it's it's

1545

01:14:11,090 --> 01:14:09,060

almost zero the probability of us being

1546

01:14:12,830 --> 01:14:11,100

the only intelligent life-form it's I

1547

01:14:14,360 --> 01:14:12,840

personally think it's just arrogant for

1548

01:14:17,080 --> 01:14:14,370

us to think that because there's

1549

01:14:22,730 --> 01:14:17,090

literally mathematically speaking

1550

01:14:25,400 --> 01:14:22,740

there's billions of planets there there

1551
01:14:28,220 --> 01:14:25,410
really are and I was reading an article

1552
01:14:31,250 --> 01:14:28,230
just this week that I saw and I can't

1553
01:14:36,220 --> 01:14:31,260
remember the origin I think it was on

1554
01:14:40,070 --> 01:14:36,230
Apple news about how the habitable area

1555
01:14:41,930 --> 01:14:40,080
of the of our solar system is going to

1556
01:14:44,540 --> 01:14:41,940
it's going to be shifting yeah I mean

1557
01:14:48,230 --> 01:14:44,550
not anytime soon but there will be a

1558
01:14:50,930 --> 01:14:48,240
period when it becomes uninhabitable to

1559
01:14:53,120 --> 01:14:50,940
be on earth and that we will shift to

1560
01:14:55,610 --> 01:14:53,130
places like Mars because that

1561
01:14:59,480 --> 01:14:55,620
environment will change as ours does and

1562
01:15:01,190 --> 01:14:59,490
become more habitable this is after a

1563
01:15:03,560 --> 01:15:01,200

long period of time that won't happen

1564

01:15:05,900 --> 01:15:03,570

you're on a lifetime and I won't happen

1565

01:15:08,600 --> 01:15:05,910

within the next I'm Maya Smith that that

1566

01:15:11,240 --> 01:15:08,610

won't even happen in next 2 3 or 3,000

1567

01:15:12,560 --> 01:15:11,250

years the issue with traveling to Mars

1568

01:15:14,780 --> 01:15:12,570

and this is what they don't tell

1569

01:15:18,170 --> 01:15:14,790

individuals is that the gravitational

1570

01:15:21,080 --> 01:15:18,180

forces for them to get to Mars requires

1571

01:15:22,850 --> 01:15:21,090

them to use chaos theory so which will

1572

01:15:24,800 --> 01:15:22,860

literally throw the rocket in certain

1573

01:15:28,070 --> 01:15:24,810

places and so when it does that it has

1574

01:15:30,170 --> 01:15:28,080

different gravitational forces that

1575

01:15:32,630 --> 01:15:30,180

happen within the the rocket itself

1576

01:15:35,030 --> 01:15:32,640

there's no evidence that a human can

1577

01:15:37,070 --> 01:15:35,040

actually sustain that type of force on

1578

01:15:39,470 --> 01:15:37,080

the human body like for example when the

1579

01:15:41,240 --> 01:15:39,480

astronauts go out into space in the

1580

01:15:43,610 --> 01:15:41,250

Space Shuttle main engine space shuttle

1581

01:15:47,300 --> 01:15:43,620

program itself it could not accelerate

1582

01:15:50,240 --> 01:15:47,310

fully to 34,000 miles an hour because if

1583

01:15:51,160 --> 01:15:50,250

it did it straight zero to 34,000 miles

1584

01:15:56,180 --> 01:15:51,170

an hour

1585

01:15:57,860 --> 01:15:56,190

space it was going to cause too much

1586

01:15:59,600 --> 01:15:57,870

pressure on the chest of the astronauts

1587

01:16:01,490 --> 01:15:59,610

and the astronauts were literally their

1588

01:16:04,880 --> 01:16:01,500

chests word literally Cavin so that's

1589

01:16:06,680 --> 01:16:04,890

why you saw the the engine throttle back

1590

01:16:08,030 --> 01:16:06,690

then throttle up throttle back and

1591

01:16:09,530 --> 01:16:08,040

throttle up and throttle back and

1592

01:16:11,780 --> 01:16:09,540

throttle up and finally accelerate to

1593

01:16:13,490 --> 01:16:11,790

give the pressure to alleviate the

1594

01:16:15,020 --> 01:16:13,500

pressure off the humans so they could

1595

01:16:18,050 --> 01:16:15,030

actually get there and they still were

1596

01:16:22,460 --> 01:16:18,060

in pressurized suits mind you so there

1597

01:16:24,610 --> 01:16:22,470

is no guarantee that humans could

1598

01:16:27,140 --> 01:16:24,620

actually sustain the type of

1599

01:16:29,350 --> 01:16:27,150

gravitational pulls and forces that it

1600

01:16:32,060 --> 01:16:29,360

takes and requires to get to Mars and

1601
01:16:34,460 --> 01:16:32,070
that's why there's such there's people

1602
01:16:37,280 --> 01:16:34,470
signing up to go but there is also no

1603
01:16:39,320 --> 01:16:37,290
guarantee of people being able to return

1604
01:16:40,820 --> 01:16:39,330
and that's what the whole story of the

1605
01:16:42,110 --> 01:16:40,830
Martian was about because there's no

1606
01:16:43,700 --> 01:16:42,120
guarantee that people can actually

1607
01:16:46,340 --> 01:16:43,710
return from that type of environment

1608
01:16:49,370 --> 01:16:46,350
so that's just a little bit of a science

1609
01:16:51,230 --> 01:16:49,380
background of that but we won't see a

1610
01:16:54,320 --> 01:16:51,240
shift but it's not going to be in any

1611
01:16:56,270 --> 01:16:54,330
time in our lifetime but the I really

1612
01:16:58,880 --> 01:16:56,280
truly believe that our job here on earth

1613
01:17:01,010 --> 01:16:58,890

right now is to clean it up and make it

1614

01:17:02,690 --> 01:17:01,020

an environment so the earth can heal

1615

01:17:05,390 --> 01:17:02,700

itself it that earth is a living

1616

01:17:07,370 --> 01:17:05,400

organism just like we have a north and a

1617

01:17:09,860 --> 01:17:07,380

South Pole to the earth and it has its

1618

01:17:11,720 --> 01:17:09,870

axis there's a mirror reflection in our

1619

01:17:14,090 --> 01:17:11,730

brains our brains have a north and south

1620

01:17:16,040 --> 01:17:14,100

pole in it as well we have a northern

1621

01:17:17,540 --> 01:17:16,050

part which is the top part and we have a

1622

01:17:20,480 --> 01:17:17,550

southern part which is like the bottom

1623

01:17:22,940 --> 01:17:20,490

part that at the base of our neck and so

1624

01:17:25,400 --> 01:17:22,950

we have just like we have the earth has

1625

01:17:29,240 --> 01:17:25,410

an axis our brain has an axis just like

1626

01:17:31,550 --> 01:17:29,250

our the earth turns and rotates we have

1627

01:17:33,110 --> 01:17:31,560

gravitational forces in our brain that

1628

01:17:35,030 --> 01:17:33,120

actually rotates at a similar weight

1629

01:17:38,030 --> 01:17:35,040

there the whole universe and earth is

1630

01:17:39,890 --> 01:17:38,040

mirroring one another so just like we

1631

01:17:41,660 --> 01:17:39,900

have to clean up our brains we have to

1632

01:17:44,450 --> 01:17:41,670

clean up the earth and and I think it's

1633

01:17:48,050 --> 01:17:44,460

our responsibility to to heal the earth

1634

01:17:50,270 --> 01:17:48,060

and find ways to be able to change its

1635

01:17:52,940 --> 01:17:50,280

environment so we can respect with what

1636

01:17:55,160 --> 01:17:52,950

we've been given oh I couldn't agree

1637

01:17:57,090 --> 01:17:55,170

with you more I think that it's

1638

01:18:00,480 --> 01:17:57,100

incumbent upon us

1639

01:18:04,050 --> 01:18:00,490

take care of our Parliament so it can

1640

01:18:05,610 --> 01:18:04,060

take care of us mm-hmm good yeah I want

1641

01:18:07,440 --> 01:18:05,620

I want to remind people before we go

1642

01:18:09,240 --> 01:18:07,450

we've got just a few more minutes I want

1643

01:18:12,300 --> 01:18:09,250

to remind people again the name of the

1644

01:18:15,480 --> 01:18:12,310

book is answers unleashed the science of

1645

01:18:16,260 --> 01:18:15,490

unleashing your brain's power yeah I

1646

01:18:19,740 --> 01:18:16,270

have it

1647

01:18:22,740 --> 01:18:19,750

I suggest you got it too and it's an

1648

01:18:25,560 --> 01:18:22,750

amazing book it's it's really great it's

1649

01:18:29,910 --> 01:18:25,570

a mixture of Olympia's personal story

1650

01:18:33,450 --> 01:18:29,920

and science and faith and intuition it

1651
01:18:34,530 --> 01:18:33,460
is really really something and I'm going

1652
01:18:35,760 --> 01:18:34,540
to read it to cover to cover and you

1653
01:18:40,560 --> 01:18:35,770
know what I'm gonna give it to my kids

1654
01:18:43,020 --> 01:18:40,570
to read too because I think that anyone

1655
01:18:44,610 --> 01:18:43,030
could find it helpful especially someone

1656
01:18:48,000 --> 01:18:44,620
as you said who's been through some kind

1657
01:18:50,730 --> 01:18:48,010
of trauma and um and there's a lot of us

1658
01:18:53,790 --> 01:18:50,740
out there who have them oh yes thank you

1659
01:18:55,410 --> 01:18:53,800
so much I really enjoy it the book is

1660
01:18:57,960 --> 01:18:55,420
written it's it's groundbreaking

1661
01:18:59,430 --> 01:18:57,970
Sciences Nobel prize-winning science but

1662
01:19:01,260 --> 01:18:59,440
is explained in people's real-life

1663
01:19:04,050 --> 01:19:01,270

stories so I explained the science in

1664

01:19:05,190 --> 01:19:04,060

drama and sagas and and so people can

1665

01:19:07,530 --> 01:19:05,200

understand not only the physical

1666

01:19:09,690 --> 01:19:07,540

equations that are very easy to

1667

01:19:12,270 --> 01:19:09,700

understand but it's also the science

1668

01:19:14,160 --> 01:19:12,280

behind what really goes on and there's

1669

01:19:15,930 --> 01:19:14,170

if people go to answers unleash calm

1670

01:19:17,760 --> 01:19:15,940

they can do two things they can buy the

1671

01:19:19,740 --> 01:19:17,770

book if they're interested in it it's on

1672

01:19:21,900 --> 01:19:19,750

Amazon it's also downloadable which is

1673

01:19:24,570 --> 01:19:21,910

great it's on all the different

1674

01:19:26,940 --> 01:19:24,580

downloadable platforms for the book from

1675

01:19:28,710 --> 01:19:26,950

the the Nook to the Kindle as well as

1676

01:19:31,860 --> 01:19:28,720

you can get it on Amazon but also

1677

01:19:34,500 --> 01:19:31,870

California State University Northridge I

1678

01:19:37,950 --> 01:19:34,510

had me come through as a celebrity guest

1679

01:19:40,500 --> 01:19:37,960

lecturer and they had me give a one-hour

1680

01:19:43,500 --> 01:19:40,510

lecture about the contents of the book

1681

01:19:45,360 --> 01:19:43,510

and the great news is that anyone can

1682

01:19:49,410 --> 01:19:45,370

find out about the contents of the book

1683

01:19:51,780 --> 01:19:49,420

by watching the free video online so in

1684

01:19:56,850 --> 01:19:51,790

one-hour lecture it's on answers

1685

01:19:58,770 --> 01:19:56,860

unleashed calm / live lectures so when

1686

01:20:02,010 --> 01:19:58,780

you go there you can actually play the

1687

01:20:05,400 --> 01:20:02,020

YouTube video and you can find out about

1688

01:20:06,300 --> 01:20:05,410

how your brain works and it is it's an

1689

01:20:09,930 --> 01:20:06,310

answers unleashed

1690

01:20:10,890 --> 01:20:09,940

live lecture and it we are creating the

1691

01:20:13,560 --> 01:20:10,900

2008

1692

01:20:15,270 --> 01:20:13,570

tor going to different places and giving

1693

01:20:17,939 --> 01:20:15,280

this there's so much to learn this is

1694

01:20:22,200 --> 01:20:17,949

just what you'll see in the in the video

1695

01:20:25,080 --> 01:20:22,210

is just a portion of what is in the book

1696

01:20:28,410 --> 01:20:25,090

and when you watch what's in this one

1697

01:20:30,990 --> 01:20:28,420

hour video you'll be floored and there's

1698

01:20:33,990 --> 01:20:31,000

there's a series involved for you to

1699

01:20:38,970 --> 01:20:34,000

find out so much more about what's going

1700

01:20:41,490 --> 01:20:38,980

on well I tell you I did what some of

1701

01:20:43,470 --> 01:20:41,500

those lectures online and there's a lot

1702

01:20:47,160 --> 01:20:43,480

of really good stuff on there

1703

01:20:48,899 --> 01:20:47,170

there's also broadcast from your podcast

1704

01:20:51,390 --> 01:20:48,909

and each one of those is really

1705

01:20:54,330 --> 01:20:51,400

interesting that's where what gave me

1706

01:20:57,149 --> 01:20:54,340

actually some of the ideas that I wanted

1707

01:21:00,390 --> 01:20:57,159

to explore with you on pain and some of

1708

01:21:01,800 --> 01:21:00,400

the other things that I saw on your on

1709

01:21:04,050 --> 01:21:01,810

your website it's just amazing and

1710

01:21:06,419 --> 01:21:04,060

that's on your own leashed website yes

1711

01:21:08,880 --> 01:21:06,429

yeah everything is that I create the

1712

01:21:11,760 --> 01:21:08,890

answers unleash platform and it is

1713

01:21:13,140 --> 01:21:11,770

podcasts it's a it's the different show

1714

01:21:15,240 --> 01:21:13,150

that I hold every single week we're on

1715

01:21:17,790 --> 01:21:15,250

break right now but season 5 returns in

1716

01:21:19,410 --> 01:21:17,800

February if the answers unleash book

1717

01:21:21,630 --> 01:21:19,420

which is there if you go to the books

1718

01:21:26,220 --> 01:21:21,640

website you can actually look at the

1719

01:21:27,419 --> 01:21:26,230

video from me on different shows we're